

A large mushroom with a light-colored stem and a reddish-brown cap is the central focus, partially obscured by dark, silhouetted tree branches. The background is a soft-focus green forest. In the top right corner, there is a green circular logo with the word 'blitz' in a bold, lowercase font. Below 'blitz' is the text 'weekly from the ATC' and at the bottom of the circle is the date 'August 13 - August 17 2007 S2-W4'.

blitz

weekly from the ATC

August 13 - August 17 2007 S2-W4

**Eco-Living:
Cheap and Sustainable**

Women's Week

**Campus Events,
Giveaways, Puzzles
and More!**

Zoom thru uni



Get your entry form in today!

If you are a current UNSW student ask for an entry form whenever you buy a 'Coca-Cola' product* from one of these Arc Stores:

- Arc Store Blockhouse
- Arc Store CLB
- Arc Store Mathews Arcade
- Arc Quad Store

Entry boxes in stores now! Enter today. Don't forget to answer the Arc question.

Entries close September 19, and the winner will be drawn at 10.30pm on Thursday September 20 at the Mid-Session Party at the Roundhouse. *Products include: 'Coca-Cola', 'Coca-Cola Zero', 'diet Coke', 'Sprite', 'Fanta', 'Lift', 'Powerade', 'Powerade Active Water', 'Pump', 'Mother' and 'Mount Franklin'. Promoter is Coca-Cola Amatil (Aust) Pty Ltd, ABN 68 076 594 119, 71 Macquarie Street, Sydney NSW 2000 NSW LTPS/07/23291

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Coca-Cola

Arc
UNSW Student Life

EDITORS LETTER

Dear Reader

In honour of mother earth, this week is *Nature Blitz*. Many of the articles for this week's *Blitz* have been the work of the UNSW Environment Collective. The collective is part of the Representative Arm of the Arc, and its goal is to work towards a more sustainable campus and world. However don't expect articles to be about how driving your car or switching on a light is evil; rather those clever eco-warriors have compiled a great ways to live more cheaply and sustainably. Growing up, did you like the show *Skippy, the Bush Kangaroo*? Carissa hated it, and so with great (culinary) delight she discusses how eating Skippy is good for the environment. Along the green theme we also have articles on *Bike Love*, the joys of vegetarianism and an interview with an activist.

There are several other important events happening this week, including *Women's Week*. *Women's Week* is organised by the Arc Women's department, another section of Arc's Rep. Arm. There will be lots of events, which are summarised on page 11 and also are all included in *What's On*. The Muslims on campus are also running an *Islamic Awareness Week*, also with lots of events listed in *What's On*.

Finally, this week's *Blitz* contains information about the upcoming Arc Rep. Council elections. Nominations opened Monday of last week, and will close on Tuesday of this week, so if you want to be part of the elections, hurry! These are 8 executive positions to be elected, along with 18 rep. councillors, 5 *Tharunka* Editors and 7 National Union of Students Delegates. For more information have a look at the Arc website. If necessary, the election will be held in Week 6 and nominations can be submitted to Arc Reception. You must be a member of Arc to be eligible to run, but membership is free.

Enjoy Week 4

Alex Serpo
Blitz Editor 2007

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Chair's Report

Hi Everyone,

The Castle was a great Australian movie. It taught us about food presentation, Mabo, the constitution and the vibe. Some 'choice' phrases also entered our vernacular - "tell him he's dreaming" and "straight to the pool room." Now, I can hear you asking "what does *The Castle* have to do with nature?" Well, Darryl Kerrigan (the father in the movie) was a lover of nature; indeed I believed he "loved the serenity", and nature is all about the serenity. There is nothing better than climbing to the top of a mountain after a 10km hike and admiring the view and indeed the serenity.

Throughout my childhood I had a love-hate relationship with nature. Almost every second weekend was spent at a national park hiking. I loved nature when we reached some spectacular waterfalls or saw a platypus in the wild, but I hated nature when we got lost, ended up walking 18km instead of 10km, crossed 7 creeks and skirted around a cliff face only to discover that your boot is full of leeches. While I have had some scary incidents, these family adventures instilled within me a respect for, and understanding of why looking after the environment is so important. A big focus of this issue, thanks to the hard work of the environment collective, is how we can look after nature and live sustainably. Over the next couple of years sustainability is going to be one of the biggest issues affecting our generation. If the environment is something you are passionate about you should pay a visit to the environment collective which meets weekly in the Arc precinct. To check out some of their awesome initiatives visit www.arc.unsw.edu.au/RepCouncil

The Women's collective also operates down in the Blockhouse. As you may have seen around campus, this week is Women's week, focusing on representing and raising women's issues on campus. Throughout the week check out What's on and the Arc website to find out what's happening and how you can get involved and be informed. A big issue facing women is cervical cancer. The Women's collective is hosting a clinic throughout the session for women under the age of 26 to get a free vaccine. If this is you, make sure you stop by and get vaccinated; I'll be there getting mine and I've been promised that it only hurts a little bit.

is involved sitting on these bodies. If this is something you would like to do check out the Arc website for information on how to nominate. Also, don't hesitate to contact me at chair@arc.unsw.edu.au if you have any questions.

Well that's about it for me in this action packed Week 4. I hope to see you all at Artsweek next week but I'll leave you now with a quote about nature, not from *The Castle*, to ponder;

When you explore and appreciate nature the only thing you should leave behind are your footprints.

Caitlin Hurley
Chair of the Board

Also, this week nominations are open for positions on the Representative Council and the Clubs and Activities Management committee. Sitting on these bodies are a great way to get involved on campus, improve your skills, meet new people but also a chance to direct student life here at UNSW. In the next couple of weeks we will be running information sessions outlining what

Put the Environment in your career

Green Steps is a special training program aimed to give university students experience and opportunities in modern environmental practice.



Green Steps gives you:

- A respected certificate in Environmental Change Management
- Fee-free study
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Sydney Region Semester 2 course open for enrolment now.
Information:

http://www.mei.monash.edu.au/GS_summary.html
(to apply, go to 'Applications'; also see 'Course Details')

Email: michael.fendley@general.monash.edu.au

Applications close: 21st August 2007

The Monash Sustainability Institute Green Steps Program is supported by The Australian Government



WORKSHOPS FREE for UNSW Students

20 workshops are available for you to attend during Artsweek. Topics include: comedy writing, movement, photography, creative writing, DJ skills, comic books, a giant game of Guess Who? plus heaps more.

REGISTER AND ATTEND A WORKSHOP AND YOU GO INTO THE DRAW TO WIN AN IPOD NANO!

www.arc.unsw.edu.au

to register for a workshop and to find out more information.



UNSW Student Life

Hey guys, how's the lecture going?

This week I have good news and a favour to ask. When you get a chance go to a computer, go to the Arc website or click on [this link](#), and do the online survey. It only takes about 7 minutes and 24 seconds (that was my time), and you can win a Contiki City to Surf holiday for 2 valued at \$1158. It's a massive free holiday, and you can tell us what's important to you at uni. So go and do it. It's OK, I can wait.

Have you done it yet?

Be one of the first to tell me your favourite question and I'll give you a prize.

Well, I'll continue with a few pieces of information I found out this week, and some idea you guys sent, and then I'll round out with another reminder that the survey is on, and we'll be finished for this week:

1. There is a Delta Force suggestion group on Facebook. Just search for Delta Force, and you'll find it. Leave your ideas there if you want. I'll be reading it whenever I get the chance. Maybe there'll be secret offers for members of that group.

2. I understand that you guys want more microwaves on campus, and apparently they've gone missing from upper campus. If someone can fill me in on where they all were, I can get on that. But I have some good news, and that is that there is an Arc microwave downstairs in the Blockhouse, just next to the ticketek counter, I hope we can put some more in soon.

3. Some people have let me know that lockers would be good to have on campus for students to use, all students. If you agree let me know.

4. One of the Parkour guys on campus suggested one of those mini gym things like the ones at the beach, to keep fit. I think something like that could go really well down near the Village Green.

Well that's it for this week, keep the ideas coming, email, snail mail and web 2.0 as follows: deltaforce@arc.unsw.edu.au,

Miles Portek

Blockhouse
UNSW 2032

<http://unsw.edu.facebook.com/group.php?gid=4342277049>

Do the survey, and I'll see you soon. Same blitz time, same blitz channel.

PS. Here is the real link (the other one didn't take you anywhere):

www.surveymonkey.com/s.aspx?sm=oK0UXB4voZrlz7CZXXqYSQ_3d_3d

DELTA FORCE



What do you want from the Arc in 2008?



TELL US NOW AND YOU COULD WIN

a fantastic Contiki City to Surf holiday for two valued at \$1158.

Make a difference – have your say now
Details at www.arc.unsw.edu.au



islamic awareness week

this week
Look at the What's On page

Visit Us at the Library Lawn and the Quad

www.isoc-unsw.org.au

COUNCIL ELECTIONS

Nominations close at 5.00 pm on Tuesday 14 August 2007

The Representative Council is the representative and advocacy body responsible for representing and acting for all UNSW students internally with the University and externally through representation and mediation on student issues. The Representative Council is also responsible for campaigning on issues which are demonstrated to be of student significance.

POSITIONS TO BE ELECTED

OFFICE BEARERS:

PRESIDENT
EDUCATION & WELFARE OFFICER
WOMENS OFFICER (only women may stand and vote for this position)
COFA CAMPUS OFFICER (only students from the COFA campus may stand and vote for this position)
INTERNATIONAL STUDENTS DIRECTOR (only international students may stand and vote for this position)

CONVENORS:

ENVIRONMENT CONVENOR
STUDENTS WITH DISABILITIES CONVENOR (must be a student with a disability)
ANTI-RACISM CONVENOR (must be from a culturally and linguistically diverse background)

SHARING OF POSITIONS

Up to 2 members may stand for and hold any Office Bearer or Convenor position for which they are eligible, other than President. As well as individually completing a normal nomination form, a Position Sharing form must be jointly completed by both participants

TERM OF OFFICE

Office-Bearers hold office from 1 December in the year of election until 30 November of the following year.

UNDERGRADUATE DEPARTMENT:

3 Undergraduate representatives from Electorate A (at least 1 must be a woman)
3 Undergraduate representatives from Electorate B (at least 1 must be a woman)

POSTGRADUATE DEPARTMENT:

3 Postgraduate representatives from Electorate A (at least 1 must be a woman)
3 Postgraduate representatives from Electorate B (at least 1 must be a woman)

COFA DEPARTMENT:

3 Undergraduate representatives from the COFA Electorate (at least 1 must be a woman)
3 Postgraduate representatives from the COFA Electorate (at least 1 must be a woman)

OTHER:

5 Tharunka Editors
7 NUS Delegates

ELECTORATE A

Electorate A is comprised of students from the faculties of Arts and Social Science, Commerce and Economics, Law, the Australian Graduate School of Management, and the Board of Studies in Taxation

ELECTORATE B

Electorate B is comprised of students from the faculties of the Built Environment, Engineering, Medicine, and Science

COFA ELECTORATE

The COFA electorate is comprised of students currently enrolled in programs controlled by the College of Fine Arts at the University.

TERM OF OFFICE

Members of Departments and Other positions hold office for 1 year following the declaration of their election by the Returning Officer or until candidates are declared elected at the next election.

NOMINATIONS

Nomination forms are available from:

The Internet www.arc.unsw.edu.au
The reception counters, Arc@UNSW
The Blockhouse, Kensington
Level 1, D Block, COFA

Only students who are members of Arc@UNSW as at the close of nominations are eligible to stand as a candidate or nominate a candidate. Membership is free, but not automatic. All UNSW students (including COFA) are eligible to vote. To nominate a candidate you must be eligible to stand as a candidate in the same election.

Nominations open on Monday 6 August 2007.

Nominations close at 5pm on Tuesday 14 August 2007.

Nominations must be addressed to The Returning Officer, and lodged at Arc reception at Kensington or COFA before the deadline to be valid.

Candidates may form groups and register an electoral ticket to contest these elections. Each ticket must have a contact person. This person should contact the returning officer for more information. All candidates should acquaint themselves with the Arc Regulations and Bylaws available at www.arc.unsw.edu.au
If more nominations are received than there are positions available, ballots will be conducted.

Ballots:

If necessary, a ballot will be held in Week 6 of Session 2, 2007 (Tuesday 28 August – Thursday 30 August)

ELECTIONS WILL BE HELD FROM TUESDAY 28 AUGUST UNTIL THURSDAY 30 AUGUST 2007.

Voting will be available at Kensington and COFA campuses at times to be advised.

CAMPAIGNING

Only UNSW students may campaign at the Representative Council election. Candidates should ensure they understand the campaigning rules, as breaches can lead to disqualification.

Please direct all queries to Ema Esteves (the Returning Officer) via email to returning.officer@arc.unsw.edu.au or phone 0432218026.

Saving the One Free Item

If you read popular press, you could be forgiven for thinking environmentalism is an expensive business. Every day millions of dollars is required and/or allocated to various schemes, from climate change action plans to public transport and infrastructure. While contributing to activities such as these are not really within the capabilities of most students, there is still a lot that you can do in a humble student house. And guess what? It will save you money too!

It's a common misconception that only the rich can afford to lessen their environmental footprint. When most people think about environmentalism they often start by thinking that it's not cheap to put solar panels on your roof, install a rainwater tank or renovate your house to be more effectively heated by the sun. However true environmentalism is all about the details, thinking about where things come from and what will happen to them when you're finished with them. Here are some of my favourite eco-living tips:



ENERGY AND WATER EFFICIENCY

Living in a water and energy efficient home is something you hear about often, from energy efficient lightbulbs and appliances to 'Triple A' rated showerheads, and short showers. While this stuff is important, one of my favourites is the implementation of a "yellow mellow" policy (hey, it's only pee, we all do it). If doing it for the polar bears doesn't convince you, have a look at your energy bill, measures like these can at least halve your use. Check out the Watershed Sustainability Resource Centre* in Newtown for free workshops on energy and water efficient living.

*www.cityofsydney.nsw.gov.au/Environment/edSustainabilityResourceCentre.asp

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FROM WEEK 3, MONDAY 6 AUGUST 2007



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**BUY YOUR TRAVEL PASS
FROM:**

- Arc ARCADE STORE
- Arc QUAD STORE
- Arc CLB STORE
- Arc BLOCKHOUSE STORE
- OR CENTRAL STATION

TRANSPORT

Want to know a secret? I've discovered 3 methods of transport that are carbon-neutral, exciting and free! Finally an alternative to increasingly costly petrol-dependent vehicles! Firstly, and my personal favourite, is the illustrious bicycle! Plus it makes you happy (endorphins baby!). Walking is good too. Then for the more adventurous at heart, and those longer journeys, there is the long-lost art of hitch-hiking. Don't believe everything you see in the movies, there are a lot of generous people out there and most of them have no interest whatsoever in cutting you up into little pieces. Perhaps you've heard the rumour that several members of the UNSW Environment Collective recently hitch-hiked to Perth and back?



TOOLS OF THE TRADE

The beginning of the semester is often a tough time financially, having to fork out money for weighty text books and the like. Well, the good news is, you don't have to buy stationery. Check out the Stationery Re-use Centre in Building B13 (near the UNSW mail centre) for free stuff! There are always lots of folders and other random pickings. For lecture notes, you can get Enviropads, made out of paper used on one side, from the Enviro collective for a donation. Or make your own by binding together last semester's notes and writing on the blank sides.



World

at a

Time

Alice Blackwood



FOOD

I like food, and last time I checked, everybody eats it. But what are you actually paying for when you go through the checkout? Often most of the cost is not the food itself! Invisible extras such as packaging, transport from other side of the world, not to mention pesticides and insecticides can add considerably to an item's cost. Ethical eating doesn't mean you have to become a compulsive label reader. Other options include:

- **Food Co-Operatives:** Bringing your own containers means you're not paying for packaging, check out Thoughtful Foods at the back of the Roundhouse. You can also get amazing discounts if you become a member and volunteer one or two hours a week.
- **Grow Your Own:** Seeds are cheap, and you don't have to be an expert to grow some salad veggies, they taste heaps better too. Start simple. If you don't have a backyard, you can still grow a surprising amount in pots on a balcony.
- **Become a Vegetarian:** Or just try eating less meat, it's expensive as well as requiring a lot of resources (did you know that a meat diet requires seven times the amount of land needed for a plant based diet?)
- **Urban Foraging:** Otherwise known as dumpster diving, this is worthy of an entire article in itself. In a nutshell, this involves a visit to your local supermarket with a difference, heading for their dumpsters and rescuing items from their path towards landfill. While this may provoke a reaction of disgust from many, you really have to see it to believe the amount and quality of food that is discarded; to realise that it is food not rubbish. Items may be thrown out due to impending due by dates, blemishes or damaged packaging. Why not bring a friend? After all, dumpster diving is adventure sport, bonding activity and dinner date all rolled in one.

ALTERNATIVE SHOPPING

Op-shops are becoming trendier by the day, and while this means that many are not so cheap, you can still find reliable old Vinnies scattered around the city. Op-shopping is just another type of recycling, and so another way of reducing your ecological footprint. Why buy new clothes when there's so much out there already? Making your own clothes is also fun, cheap and satisfying.

For furniture and other random goods, 'street shopping' is a perennial student favourite- a wander through the streets on your local council pick-up day can yield many surprising and useful finds. If you have the time, why not check out other areas as well? A more organised version of this exists through the 'Freecycle' networks (see freecycle.org.au). This network means that instead of putting something on the street, people know it is actually going to someone who wants and needs it. Someone not dissimilar to the author of this article recently came into possession of a piano (yes, a piano!) thanks to this wonderful initiative.

If your desire to acquire more stuff still isn't sated after op-shopping, street shopping and freecycling, why not pay a visit to Reverse Garbage in Marrickville. Described as "a not-for-profit co-operative that sells industrial discards, off-cuts and over-runs to the public for creative and practical uses, reducing the amount of waste going to landfill", this place has more stuff than you'll ever know what to do with. It's perfect for supplies for party decorations, art projects, and just about anything else you can think of.

That's it, I've now given away all of my secrets! They're all pretty simple really, but put together they create a super cheap, super environmentally friendly lifestyle. Spread the word.



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UNSW

UNSW Main Campus, Botany St

t: 02 9385 2377

sales.unsw@compnow.com.au

Arc CLUBS & ACTIVITIES MANAGEMENT COMMITTEE ELECTION NOTICE

The Clubs and Activities Management committee is responsible for the management of clubs and societies; student volunteer programs; leadership development programs; cultural and artistic programs; and, relevant student events.

Available Positions:

Term of Office: 1 Year

- Three student representatives elected by and from Affiliated Clubs
- Two student representatives elected by and from Student Development Programs
- One student representative elected by and from COFA Students.

Nominations:

Nominations must be made on approved nomination forms (which contain detailed election information) available from:

- The internet www.arc.unsw.edu.au
- The reception counter, Arc@UNSW
The Blockhouse, Kensington
Level 1, D Block, COFA

Nominations open on Monday 13 August. Nominations for the election of the COFA representative must reach the Returning Officer before 5:00pm on Monday 27 August 2007. Nominations for the election of the Clubs and Student Development Representative must reach the Returning Officer before 5:00pm on Tuesday 28 August 2007. Nominations can be submitted in person at Arc Reception at COFA (D Block) or Kensington (Blockhouse). All nominations must be addressed to the Returning Officer.

To stand for nomination as a clubs representative the nominee must be a student of the university, a member of the Arc and a member of an affiliated club. These conditions apply those nominating and seconding nominees.

To stand for nomination as a student development representative the nominee must be a student of the university, a member of the Arc and have participated in a volunteering program within the Clubs and Activities Branch within two years prior to the annual meeting. These conditions apply those nominating and seconding nominees.

If more nominations are received than there are positions available, ballots will be conducted.

Ballots:

A ballot will be held in Week 6 of Session 2, 2007 (Tuesday 28 August – Thursday 30 August) at the relevant general meetings.

Voting:

Only those students who are members of Arc@UNSW are eligible to stand or vote in these elections.

To vote in elections for the Clubs Representative each Affiliated Club will be allocated one vote which shall be exercised by the President of each Affiliated Club. Presidents of each Affiliated Club may appoint proxies in a form determined by the Returning Officer.

Proxies must be submitted to the Returning Officer 48 hours before the annual meeting and the proxy holder must be a Student of the University and member of the Club whose vote they are exercising.

To vote in elections for the Student Development Representatives Students entitled to vote must be a Student of the University, and have participated in a volunteering program within the Clubs & Activities Branch within two years prior to the annual meeting.

The electoral roll will close on the same day as nominations, which is Monday 27 August for the election of the COFA representative and Tuesday 28 August for the election of the Clubs and Student Development representatives.

All students who signed up to become members would have received a student diary. For those who aren't yet members there is still time to join. Membership of the Arc is free for 2007. You can sign up to stand in these elections by visiting Arc reception at the Blockhouse on the Kensington campus or D Block on the COFA campus and filling out a membership form. Alternatively, you can fill out a membership form on the website www.arc.unsw.edu.au

Please send any enquiries to the returning officer at camc.ro@arc.unsw.edu.au

Brad Hannagan
Returning Officer



This Week is... Women's Week!

Ania Lucewicz, (Arc Women's Officer)

Who the heck said feminists were scary, hairy or angry? This is Women's Week, the week to get excited about some fabulous feminist fun! Women's Week is an annual festival of feminism, women's empowerment and gender issues at UNSW. Amongst the colourful array of festivities that the Women's Collective has organised for this week, you'll find a focus on women's health, education, power and more. See What's On for details about all the events!

On Monday, you'll be able to meet 3 UNSW academics, ask them about their careers, and perhaps consider forging your own path through academia.

On Tuesday, the UNSW Women's Collective is launching our very first (loud & proud) feminist zine, with an open picnic and lunch on the Library Lawn. Also on Tuesday, women under 27 in possession of a Medicare Card will be able to participate in the University Health Service's free HPV Vaccination Clinic from 4-5pm. This is an ongoing clinic which will happen on Tuesdays and Thursdays throughout semester.

At lunchtime on Wednesday, come by the Library Lawn to hear UNSW Women and DebSoc will debate the topic that, "In 2007, Gender Equality Has Been Reached." Cruelly, women will be arguing the affirmative and men the negative. In the evening, we will be hosting a free preview of the Dissonance exhibition at COFA.

Thursday will see ChocSoc & UNSW Women host a "Riot Don't Diet" Chocolate Stall on the Library Walkway. Goodies by donation, positive body image for free! Thursday evening, everyone is invited to a screening of Roald Dahl's *The Witches* in the Gonski-Levy Theatre, Ground Floor, Law Building.

Friday is the day to let your inner child run wild, with an all-day art and craft workshop in the Women's Room, Level 1, Blockhouse. All materials will be provided, and women are invited to contribute anything they wish!

If you feel you can't make it to any events, but would like to know more, please send your email address to women@arc.unsw.edu.au to be added to our e-list. Remember to check out the Women's Room anytime. It's a friendly, safe, autonomous space available to you 9-5, Mon-Fri, throughout the year. It provides information about women's issues, free tampons and contraception, a kitchenette with tea/coffee/snacks, beanbags aplenty, a library, telephone, computer and much more!

Event Summary:

MONDAY 13 AUGUST

UNSWomen's Collective presents: "In Conversation With... 3 Academics"

Time: 5-6:30pm

Venue: QUAD1001, Level 1, East Wing,
Quadrangle Building.

Free

TUESDAY 14 AUGUST

Fabulous Feminist Picnic and Zine Launch

Time: 12pm until whenever!

Venue: Library Lawn
(bad weather - Matthews Lounges).

Free

University Health Service HPV Vaccine Clinic

Time: 4-5pm (ongoing Tues and Thurs
throughout semester)

Venue: University Health Service,
Ground Floor East Wing Quadrangle Building.
Free for Medicare Card holders.

WEDNESDAY 15 AUGUST

UNSWomen's Collective and DebSoc Debate that "In 2007, gender equality has been achieved"

Time: 1-2pm

Venue: Library lawn

Free

Dissonance Exhibition Preview

Time: 5-6:30pm

Venue: Kudos Gallery,
6 Napier Street Paddington.

Free

THURSDAY, 16 AUGUST

Riot Don't Diet Chocolate Cake Stall

Time: 12-3pm

Venue: Library Walkway.
Goodies by coin donation

Female Super Villains Film Afternoon

Time: 4-6pm

Venue: Gonski-Levy Theatre,
Ground Floor, Law Building.

Free

University Health Service HPV Vaccine Clinic

Time: 4pm-5pm (ongoing Tues and Thurs
throughout semester)

Venue: University Health Service,
Ground Floor East Wing Quadrangle Building.

FRIDAY 17 AUGUST

Mural Painting in the Women's Room

Time: 9am-5pm

Venue: Women's Room,
Level 1, Blockhouse.

Free

ALL WEEK

Welcome to the Women's Room

Time: 9-5pm

Venue: Women's Room,
Level 1, Blockhouse.



WHAT'S ON

Week 4 August 13 - August 17

MONDAY

13 August

Table Tennis 11am-3pm

Table + Tennis = fun
Main Room, Roundhouse
Free

Krispy Kreme/Cake Stall 11am-3pm

Help send our hockey kids to the Gold Coast Australian Uni Games, come along and buy one of our tasty treats!
Library Lawn
Varied

World Youth Day Preparation 11am-4pm

Supa Nova week! 3 days of full WYD Promotion. Information about WYD 2008 and WYD activities on Campus. Free BBQ on Wed @ the Library Lawn.
Library Lawn and the Quad
Free

Falafel Day 12-2pm

Week 4 of this semester is Islamic Awareness week, Falafel day is our first event during this week
Library Lawn
\$2

Arc Queerplay Mixed 12-3pm

UNSW Queer Department's weekly social group for all queer students. Visit for food drinks and conversation.
Queerspace (Chemical Sciences 920)
Free

Life of the Prophet 2-3pm

A brief lecture about the prophet Mohammad (peace be upon Him) and his followers.
Location: TBA
Free

Circusoc Monday Night Meeting 5pm onwards

Come and learn some circus skills and meet new people. All welcome!
Physics Lawn, UNSW
Free for members

Happy Hour 5-6pm

The happiest hour of the day!
Roundhouse
Free

In Conversation With 3 Academics 5-6:30pm

This relaxed and informal event will give any student who has been thinking about a future in academia an opportunity to ask special guests Astrophysicist, Dr Maria Cunningham, Sociologist Dr Stephen Kerry and Literary Theorist Dr Shalmalee Palekar questions about their experiences, and on how to forge a career path starting from undergrad.
QUAD1001, Level 1, East Wing, Quadrangle Building
Free

Indoor Soccer Tournament 6-7pm

M.T.O. Sufi Association proudly presents an inter-university mixed Indoor Soccer Tournament between clubs, societies and soccer groups. It's held 6-7pm Mondays starting from August 6th. To register your team or for more information please send an email to: contact@sufiassociation.com.
Level 1 Unigym
\$80 per team

Speakers' Forum Presents: Justice Michael Kirby of the High Court 6-8pm

Justice Kirby will be addressing the following topic: "Keys to the High Court: Special Leave and How to Succeed in it". Don't miss this rare opportunity!
www.unswlawsoc.org/speakersforum
G04 Lecture Theatre, Ground Floor,
Law Building
Free

Circusoc Acrobatics Session 9-10pm

Join us to pick up some acrobatic skills including acro-balance and tumbling.
Judo Room, Level 1, UNSW Lifestyle Centre
Gold coin donation for members

TUESDAY

14 August

Table Tennis 11am-3pm

The sport of champions
Main Room, Roundhouse
Free

Thoughtful Foods Co-op Opening Hours 10.30am-4.30pm

The food Co-op is a source of cheap tasty organic food. Work in the co-operative and receive a discount!
Behind the Roundhouse, near Eats at the Round

Science & Islam 12-1pm

A lecture about Spirituality and Islam from a convert's perspective by Dr Zachariah Matthews.
Location: TBA
Free

Law Revue 2007: Poll Fiction - Tickets on sale now! 12-2pm

Do you really know everything about the polls this year? Which electoral party is speaking the truth? Even a little bit? To find out more, buy your tickets to see Law Revue's Poll Fiction in Week 5. Vote for Law Revue and laugh your way to the top! More information and online booking: www.lawrevue.unsw.edu.au.

Library Lawn and Law Building Foyer
Tues: \$8; Wed - Fri: \$10/\$15

Arc Queer Boys 12-3pm

Weekly meeting for queer boys and queer friendly students on campus. Relax, have lunch and catch up with the Queer Department
Queerspace (Chemical Sciences 920)
Free

Fabulous Feminist Picnic & Zine Launch 12pm onwards

Feminists, pro-feminists and the curious are invited to eat free food, discuss feminism and engage in frivolity at the launch of UNSW's first ever feminist zine! Bring a smile and pick up your free copy!
Library Lawn (bad weather, Matthews lounge)
Free

CASS AGM 1-3pm

Come to our AGM if you are interested in getting to know God and other fellow Catholics. We have weekly bible sharings as well as regular inter-uni events. We will be electing the committee for this coming year.
Marsh Room, Roundhouse
Free

UNIBUDS: Lunchtime Meditation and Relaxation 1-2pm

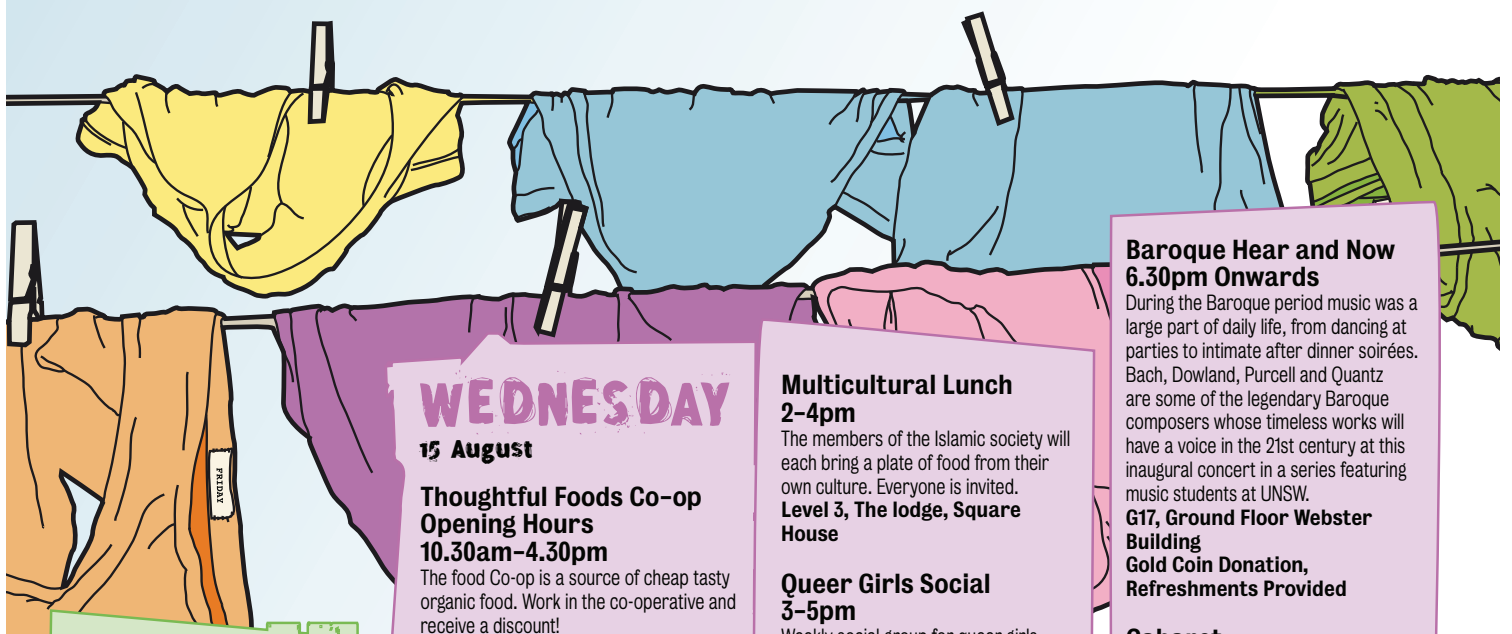
Join us for our final Meditation Session for Semester 1 and de-stress from your assessments and exams! Whether you are a beginner or practitioner, member or not, all are equally welcome to just drop in! More information at: www.unibuds.unsw.edu.au or contact Alex on 0401 060 394.
Free

Trivia 1-2pm

Beat smart people at their own game
UniBar, Roundhouse
Free

Free Cervical Cancer Vaccine Clinic 4-5pm

There is great news for young women and girls in Australia - a new vaccine that can protect them against the cause of most cervical cancers. As part of the National HPV Vaccination program, the University Health Service is providing free, on-going, twice-weekly clinics for women aged under 27 wishing to take advantage of the vaccine.
University Health Service, Ground Floor East Wing Quadrangle Building
Free



WEDNESDAY

15 August

Thoughtful Foods Co-op Opening Hours 10.30am-4.30pm

The food Co-op is a source of cheap tasty organic food. Work in the co-operative and receive a discount!

Behind the Roundhouse, near Eats at the Round

Table Tennis 11am-3pm

Pong without the computer
Main Room, Roundhouse
Free

Spirituality & Islam 12-1pm

A lecture about Spirituality and Islam from a convert's perspective by Sheikh Na'im Abdul Wali.

Location: TBA
Free

UNSWomen vs DebSoc debate that "In 2007, Gender Equality Has Been Achieved" 1-2pm

In a cruel twist of affairs, the feminists from UNSWWomen will be arguing that everything is equal between women and men! Three men from DebSoc will be arguing that more work still needs to be done.

Library Lawn
Free!

Environment Collective Meeting 1-2pm

Longing to save the planet? UNSW Enviro Collective is a green network of students (planeteeers) who want to get active on environmental issues on and off campus. Chat, listen, act and munch with us on the Quad Lawn for our weekly meetings!

Bar Bingo 1-2pm

Bingo!
UniBar, Roundhouse
Free

SIFE UNSW Annual General Meeting 2-3pm

The time has come for SIFE UNSW to hold its Annual General Meeting. Some refreshments will be provided so make sure you come along and get involved in the leading global student network!
Wurth Room, Roundhouse
Free

Multicultural Lunch 2-4pm

The members of the Islamic society will each bring a plate of food from their own culture. Everyone is invited.

Level 3, The Lodge, Square House

Queer Girls Social 3-5pm

Weekly social group for queer girls. Come along and hangout, meet people, chat.

QueerSpace - Applied Sciences Rm - 920 (Also known as Chemical Sciences)
Free

Great Adventure Tour information night 4-5pm

Find out how you can become part of an invigorating, proactive anti-poverty movement. Make friends, venture overseas, build homes for the poor, help transform poverty stricken areas. The Gawad Kalinga Great Adventure Tour is open to any degree. Drop by to find out more.

Wurth Room, Roundhouse
Free

Dissonance Exhibition Preview 5-6.30pm

Dissonance is COFA's Annual Feminist Art Exhibition, showcasing art made by women students. Come and see a sneak peak at a drinks night.

Kudos Gallery, 6 Napier Street Paddington
Free

Happy Hour 5-7pm

The happiest 2 hours of the day!
Roundhouse

Marketing Careers & Networking Evening 6-8:30pm

Give your career a head start! The biggest names in the industry will talk about their employment opportunities, followed by a meet & greet session in the Unibar - refreshments provided, plus a free drink voucher for each attendee!

Drawing Room, Upper Floor Roundhouse
Free

Beergarden DJ 6.30-8pm

Funky sounds all round
Roundhouse
Free

Baroque Hear and Now 6.30pm Onwards

During the Baroque period music was a large part of daily life, from dancing at parties to intimate after dinner soirées. Bach, Dowland, Purcell and Quantz are some of the legendary Baroque composers whose timeless works will have a voice in the 21st century at this inaugural concert in a series featuring music students at UNSW.

G17, Ground Floor Webster Building
Gold Coin Donation,
Refreshments Provided

Cabaret 8pm Onwards

NUTS presents Cabaret dark/smouldering/delicious/animalistic/raw/sensual/grunge/urban/exposed/burlesque Directed by Lara Kerestes Book by Joe Masteroff, Lyrics by Fred Ebb and Music by John Kander 14 - 25 August 2007, Tuesday to Saturday, 8pm Figtree Theatre Gate 4 High St Kensington. Bookings at www.nuts.org.au "Life is beautiful; the girls are beautiful, even the orchestra is beautiful. So, come see Cabaret."

Fig Tree Theatre
\$10/12/15

Pool Comp 5-6pm

Be a shark
Roundhouse
Free

Happy Hour 5-6pm

The happiest hour of the day!
Roundhouse

UNSW Energy Cooperative AGM 5:30-6:30pm

This is the AGM for the UNSW Energy Cooperative. The Energy Cooperative is an environmental club that carries out energy-related activities on campus. All welcome
Room 128, Electrical Engineering Building
Free

Film Screening 6:30pm Onwards

Western special: Screening Sergio Leone's classic 'Once Upon a Time in the West'. Drinks at the pub afterward

Webster 327
\$5 for non-members

Cabaret 8pm Onwards

NUTS presents Cabaret dark/smouldering/delicious/animalistic/raw/sensual/grunge/urban/exposed/burlesque Directed by Lara Kerestes Book by Joe Masteroff, Lyrics by Fred Ebb and Music by John Kander 14 - 25 August 2007, Tuesday to Saturday, 8pm Figtree Theatre Gate 4 High St Kensington. Bookings at www.nuts.org.au "Life is beautiful; the girls are beautiful, even the orchestra is beautiful. So, come see Cabaret."

Fig Tree Theatre
\$10/12

THURSDAY

16 August

Thoughtful Foods Co-op Opening Hours 9am-6pm

The food Co-op is a source of cheap tasty organic food. Work in the co-operative and receive a discount!

Behind the Roundhouse, near Eats at the Round

Dissonance 11am-6pm

This show by the College of Fine Arts Women's Collective provides a platform for feminist discourse and aims to represent the diverse influences that characterises feminism in art. Special viewing 6-8pm Tuesday 21 August with guest speaker Wife Artists talks hosted by Prof Liz Ashburn and the curator of this year's Dissonance exhibition, Jade Muratore, COFA Women's Officer, 3pm Thursday 23 August

Kudos Gallery, 6 Napier St. Paddington
Free

Table Tennis 11am-3pm

Like pong without the computer
Main Room, Roundhouse
Free

WHAT'S ON



Dissonance 11am-6pm

This show by the College of Fine Arts Women's Collective provides a platform for feminist discourse and aims to represent the diverse influences that characterises feminism in art.

**Kudos Gallery, 6 Napier St.
Paddington
Free**

Women in Islam 12-1pm

This lecture is by Mrs Maha Abdo
**Location: TBA
Free**

Riot Don't Diet Cake Stall 12-3pm

In the spirit of positive body image and the delights of chocolate, come along this afternoon and help yourself to some delicious chocolate and cakes. All afternoon we will be playing music and displaying positive images about the body!

**Library Walkway
By donation**

Ultimate Frisbee Training 4-5:30pm

Membership costs \$7. Beginners welcome and fitness of all levels. Just come to have a good time.

**Village Green
Free for members**

Female Super Villains Film Afternoon 4pm Onwards

In celebration of witches, female super villains and childhood, there will be an open screening of The Witches (based on the Roald Dahl's children's novel). Popcorn and comfy cushions will be provided. All welcome - bring your friends! BYO broomstick
**Gonsky-Levi Theatre, Ground Floor, Law Building
Free**

UNIBUDS: Buddhism Talk in Chinese 6-8pm

Every Thursday night we have insightful talks about Buddhism in Chinese. Members and non-members are equally welcome to just drop in! More information at: www.unibuds.unsw.edu.au or contact Mandy on 0404 609 225.
Free

Law Revue Society EGM 6pm Onwards

The Law Revue Society is holding an EGM to amend its constitution to the model Arc constitution, for affiliation requirements. Come one, come all!

**Med Scenario Rooms
Free**

Cabaret 8pm Onwards

NUTS presents Cabaret dark/smouldering/delicious/animalistic/raw/sensual/grunge/urban/exposed/burlesque Directed by Lara Kerestes Book by Joe Masteroff, Lyrics by Fred Ebb and Music by John Kander 14 - 25 August 2007, Tuesday to Saturday, 8pm Figtree Theatre Gate 4 High St Kensington. Bookings at www.nuts.org.au "Life is beautiful; the girls are beautiful, even the orchestra is beautiful. So, come see Cabaret."

**Fig Tree Theatre
\$10/12/15**

FRIDAY

17 August

Women's Mural Painting 9am -5pm

Roll up your sleeves and put on your creative hat, because UNSW's Women's Room is in need of a makeover. The Women's Room is a free service for women at UNSW. It provides a safe space, information, referral and advice about women's issues, free tampons and contraception, beanbags, couches and more.

**Women's Room, Level 1,
Blockhouse
Free**

Table Tennis 11am-3pm

Main Room, Roundhouse
Free

Dissonance 11am-6pm

This show by the College of Fine Arts Women's Collective provides a platform for feminist discourse and aims to represent the diverse influences that characterises feminism in art.

**Kudos Gallery, 6 Napier St.
Paddington
Free**

Film Screening: Empire of Faith 4-6pm

During this film screening a "UNSW Islamic IQ test" will be screened as well as "Empire of Faith".

**Location: TBA
Free**

Free Cervical Cancer Vaccine Clinic 4-5pm

University Health Service, Ground Floor East Wing Quadrangle Building As part of the National HPV Vaccination program, the University Health Service is providing free, on-going, twice-weekly clinics for women aged under 27 wishing to take advantage of the vaccine.

Free

Beergarden DJ 4.30pm onwards

Roundhouse
Free

Happy Hour 5-6pm

The happiest hour of the day!
Roundhouse

Buddhism Talk in English 7-9pm

Every Friday night we have speakers from different backgrounds giving insightful talks about Buddhism. Members and non-members are equally welcome to just drop in! More information at: www.unibuds.unsw.edu.au or contact Aun on 0401485155.

**Robert Webster Building,
Room 256
Free**

Cabaret 8pm Onwards

NUTS presents Cabaret dark/smouldering/delicious/animalistic/raw/sensual/grunge/urban/exposed/burlesque Directed by Lara Kerestes Book by Joe Masteroff, Lyrics by Fred Ebb and Music by John Kander 14 - 25 August 2007, Tuesday to Saturday, 8pm Figtree Theatre Gate 4 High St Kensington. Bookings at www.nuts.org.au "Life is beautiful; the girls are beautiful, even the orchestra is beautiful. So, come to the Cabaret".

**Fig Tree Theatre
\$10/12/15**

COFA Campus

Deadline - Kudos 5pm

Deadline for proposals for Kudos Gallery early 2008 exhibition program. Application forms and information packs are downloadable from the Arc website or the Arc Office @ COFA.

**Arc Office @ COFA
Free**

SATURDAY

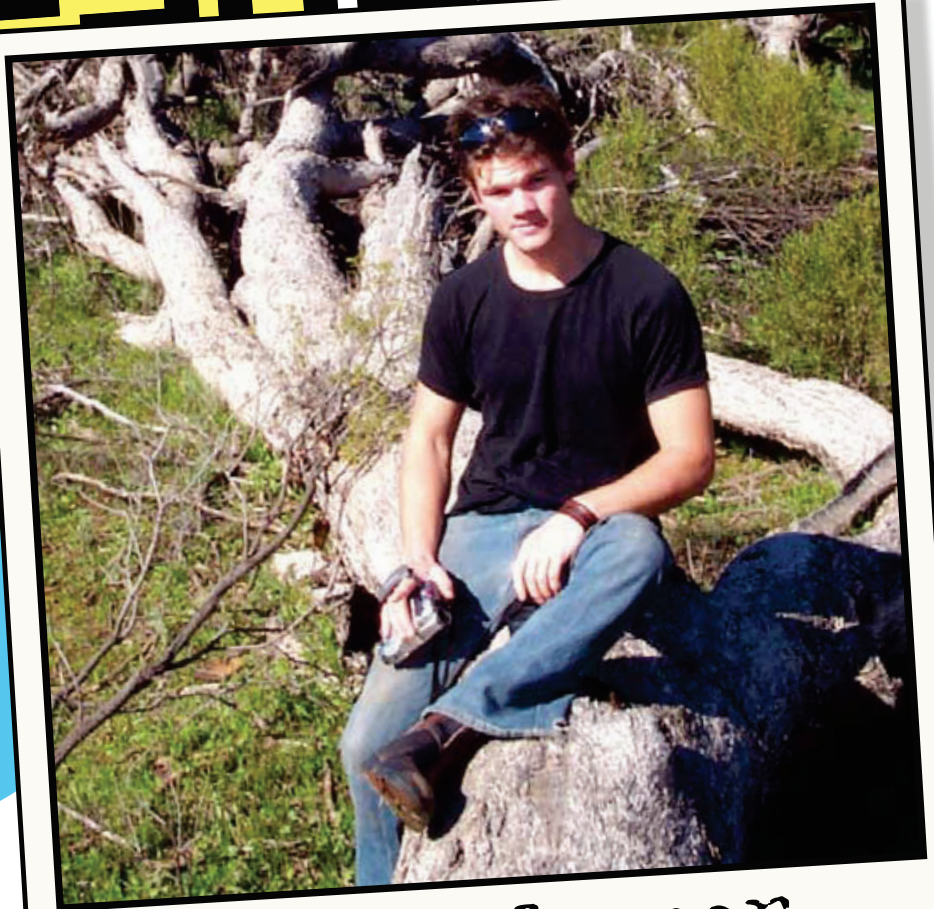
18 August

Cabaret 8pm Onwards

NUTS presents Cabaret dark/smouldering/delicious/animalistic/raw/sensual/grunge/urban/exposed/burlesque Directed by Lara Kerestes Book by Joe Masteroff, Lyrics by Fred Ebb and Music by John Kander 14 - 25 August 2007, Tuesday to Saturday, 8pm Figtree Theatre Gate 4 High St Kensington. Bookings at www.nuts.org.au "Life is beautiful; the girls are beautiful, even the orchestra is beautiful. So, come see Cabaret."

**Fig Tree Theatre
\$10/12/15**

SWAPSHOT



Reece Turner

Reece Turner is a campaigner for the Wilderness Society in NSW. After graduating from Arts/Law at UNSW in 2005 he has been working towards stopping illegal land clearing in NSW. Nicola Karcz speaks to Reece.

How did you get involved in working with environmental issues?

I originally got involved through volunteering on various campaigns through university on a part-time basis. After graduating I completed an internship at the Central Land Council and intended to return there after a break and undertaking College of Law but instead this job came up at the Wilderness Society and I started working there. The Tasmanian Forests campaign was the first campaign where I really invested a large part of myself. I remember thinking that if a campaign like this can't be won, where the destruction is so senseless, the economics doesn't add up and a large mass of people are already informed, then what chance is there for other campaigns.

What are some of those successes and have you had any failures?

In late 2005 new laws were introduced in NSW which ban broad scale land clearing. My job since then has been to highlight the ongoing illegal clearing which is still happening and to pressure the Government to deliver on its promise. This has been difficult as for most people land clearing is not something they see everyday. It's happening in central and western NSW. In the past 2 years we have had success in getting the Government to commit to tackling illegal clearing and have also brought about greater public awareness of the issue.

A recent setback we had in the campaign was a stunt undertaken by disgruntled landholders in western NSW who started chopping down trees in protest of the laws. They were essentially holding woodlands to ransom demanding that they be heard by the Government. In the end however, I think this will only hamper their cause.

What does day to day campaigning involve?

One of the best things about the job is the amazing diversity. One day I'll be in the office writing submissions on policy or freedom of information requests and the next day I'll be out at a demonstration wearing a koala suit and hassling politicians. One of the highlights of the job is going out flying over NSW looking for illegal land clearing with a pilot who donates his time, plane and petrol. It's an extremely varied position.

After two years working on the land clearing campaign, how do you see the future of your work?

The growing awareness of climate change has refocused many people's thoughts on the environment and the way many issues are interconnected. For our campaign work, land clearing is of course a major contributor to greenhouse gas pollution so we have really sought to incorporate this into our campaign work.

I think that people are also starting to realise that other issues such as the economy should not be seen as separate from the way we treat the environment. The future of our economy, our health and livelihoods depends very much upon the environment and so the traditional view of 'weighing up' the environment against other issues is nonsense. The real challenge for the future is to turn this new found awareness about the environment into meaningful change – and quickly.

I feel like Skippy

Many of us grew up watching the nauseatingly-sappy show *Skippy: The Bush Kangaroo*. Back then, eating Skippy would've been unthinkable, but now kangaroo meat is becoming increasingly common in our local supermarkets. Some environmental agencies are even encouraging the consumption of the animal which, according to the TV show, always managed to save the day.

Kangaroo meat was first exported to Europe in 1959, and is now exported to 55 different countries around the world. It is now one of the most popular game meats in Europe, as a result of its low fat content and smooth taste. The Australian market on the other hand, is less willing to eat the animal that is on our coat of arms. Many Australians refuse to eat kangaroo due to the belief that the industry is based on cruelty, concern over the kangaroo population size, or more simply, an unwillingness to eat Skippy.

While our affection for Skippy might be difficult to overcome, the fact remains that the kangaroo industry is one of the least cruel and well-monitored meat industries in the world. The RSPCA recently released a statement stating that, "kangaroo culling is considered one of the most humane forms of animal slaughter. An animal killed instantly within its own environment is under less stress than domestic stock that has been herded, penned, transported".

consumption; Wallaroos, the Whiptail Wallaby (only in Queensland), the Red kangaroo and the Eastern Grey and Western Grey kangaroos. The Red kangaroo, Eastern grey kangaroo and Western grey kangaroo are the most abundant species and make up over 90 per cent of the commercial harvests. Additional kangaroos are also culled each year in order to control their numbers in an effort to protect Australia's fragile ecosystems.

Kangaroo culling is considered one of the most humane forms of animal slaughter.

An Australian Senate Select Committee on animal welfare, after an extensive investigation, also concluded that, "There is no doubt that the shooting of kangaroos by professional shooters is the most humane way of killing kangaroos". Kangaroo harvesting and processing is also subject to strict regulations and all hunters face severe penalties if they do not abide by the National Code of Practice for the Humane Killing of Kangaroos.

Of more than 40 species of kangaroos found in Australia, only four types are harvested for domestic and international

Before European settlement, kangaroo populations were controlled by a lack of readily available water and indigenous hunting methods. However the introduction of European farming methods resulted in a shift away from using kangaroos as a food source whilst at the same time providing kangaroos with vast and easily accessible quantities of water. Nowadays, the population size of the four species of kangaroos which are commercially harvested can range from anywhere between 15 to 50 million.

As a result, the number of kangaroos harvested each year depends on a quota set by State Wildlife authorities that takes into account population size and trends, environmental factors and long-term climate projections. Most years, the quota is set between 6 and 7 million, and according to Former Minister for Environment and Heritage, Dr. David Kemp, "this quota is set completely independently from industry demand and indeed industry have historically only taken about half their allowable quota."

So why is the harvesting of kangaroos good for the environment? Kangaroo harvesting is the only ecologically sustainable meat industry Australia has, and as a result, an increasing number of Australians are becoming eco-vegetarians. One of them is Alex Baumber, Project Officer at FATE (Future of Australia's Threatened Ecosystems), who originally became a vegetarian on the basis that Australian meat industries such as lamb



Tonight!

Carissa Simons

and beef were environmentally damaging and unsustainable. Due to the widespread introduction of kangaroo into our supermarkets, he now includes kangaroo meat in his diet on a regular basis.

Kangaroo harvesting also has a number of ecological benefits. First off, the bigger the kangaroo market gets, the smaller the sheep and cow numbers get. Unlike kangaroos, which have soft paws, other non-native animals which are farmed for meat have hard hooves. Over time, these hooves have broken the ground which has caused serious environmental problems such as erosion, salinity, and a change in the natural drainage properties of the soil.

This in turn has negatively effected the native vegetation and wildlife. Removing such non-native meat farming practices, which currently take up 20-30% of the continent, would allow the land to return to its natural state. They would also encourage the return of vegetation and small marsupials which have fled farming areas over the last 200 years.

The strengthening of the kangaroo industry, somewhat ironically, also acts as an effective kangaroo conservation tool. Farmers are slowly shifting away from seeing kangaroos as threats to their farmlands and stock, towards viewing them as a sustainable and valuable resource. A strong kangaroo market would also require the culling of kangaroos to take place in a sustainable way in order to guarantee the industry's longevity.

Australia is a nation that loves its meat, but it is also seeing an ever-increasing number of people jumping on the green bandwagon. If you care about the environment, but still need a little something to satisfy your inner carnivore, kangaroo meat may just be the answer you've been searching for.

Kangaroo Stir Fry

2 Kangaroo steaks, cut into strips
1 tbsp chopped ginger
1 tsp chopped garlic
1 chilli (optional)

4 tbsp honey
3 tbsp blackbean sauce
3 tbsp soy sauce
3 tbsp sesame oil
Dash of white pepper
2 tbsp sesame seeds

1. Combine all ingredients of marinade
2. Coat meat evenly with marinade and leave for 20 minutes
3. Add to hot pan or wok and cook for 1 to 2 minutes. Serve with stir fry vegetables and rice.

It's very important to cook kangaroo meat the right way, to avoid it becoming too tough. The Kangaroo Industry Association of Australia gives the following advice for would-be kangaroo chefs;

Stir Fry: (5mm thick) 1 minute maximum

Kebabs: (1.5cm cubes) 2 minute per side

Medallions: Steaks (2.5cm thick) 2-3 minutes per side.

Roasts: Brown in pan then cook in pre-heated oven for 8-12 minutes per 500gms at 220 degrees Celsius or 15-20 minutes at 200 degrees Celsius

So if you decide to pick up some kangaroo meat next time you go grocery shopping, here's a recipe to get you started.



Life's a Cabaret Old Chum

Carissa Simons

In Weeks 4 and 5, the University of New South Wales Theatrical Society, or NUTS as it is more affectionately known, will present the musical masterpiece, *Cabaret*. It will be the last production to take place in the Fig Tree Theatre before it closes down for renovations in October. *Blitz* sat down with the director of the production, Lara Kerestes, for a bit of a song and dance.



1) What inspired you to do a musical set in Nazi Germany?

Honestly, the music and its ability to transport me into a sinister world of animalism and heightened sexuality was my inspiration. I have seen *Cabaret* performed previously and I felt that the 'underbelly' was yet to be exposed.

The thing about *Cabaret* is that the setting, the music, the story, the history; they compliment each other and together they create a masterpiece. If you were to take one aspect out of the equation, you would no longer have *Cabaret*.

2) For those who aren't familiar with Cabaret, what is it about?

It's dark, smoldering, sexual, delicious, animalistic, raw, sensual, grunge, urban, exposed, and burlesque. *Cabaret* is one of the most famous musicals of all time and was transformed into the Oscar winning film starring Liza Minelli and Michael York, aka the guy from Austin Powers. I decided to propose this whirlwind of a show to NUTS as my last hurrah and it just so happened I was share the same fate as the Fig Tree Theatre (at least for a while). The creative team and I have garnered a talented cast - the best of the best - from within and beyond the student body. Not only are they acting, they're singing and dancing but more importantly, showing us grit!

3) What has been the best part of the rehearsal process so far?

Oh, the laughing...lots of laughing. Turning up to every rehearsal and feeling the buzzing energy within the group. It's amazing to be given the opportunity to work with a variety of people who have just as much passion as you and who trust you enough to guide them to a place they have yet to experience. Yet, the most rewarding part of the process is the privilege of sharing their personal journey as they discover their characters but more importantly as they discover they have overcome a personal challenge.

4) Is this a show only for those who love musicals, or for everyone?

Everyone! *Cabaret* was written to provoke, to question, to have audiences sit up straight in their seats and face the condition that is human nature. The clever use of music only heightens this intent.

5) So, just how attractive are the people involved in Cabaret?

Damn attractive and that's with their clothes on!

International Students-
Thinking of staying
in Australia?

FREE
MIGRATION SEMINAR

Find out about the changes to
General Skilled Migration

Wednesday, 15th August

Roundhouse -
Marsh Room

2 sessions: 12-1pm and 1-2pm

Acacia
Immigration Australia

Ph: 9230 0888
www.acacia-au.com
students@acacia-au.com
RMAN 9905466

WIN!

Win one of 10 double passes to see "Once"!!

An (unnamed) Guy is a guitarist/singer-songwriter who fixes vacuum cleaners in his Dad's repair shop by day, and sings for money on the Dublin streets by night. An (unnamed) Girl plays piano when she gets a chance, and does odd jobs by day and takes care of her family by night. Guy meets Girl, and they get to know each other. During the same period, the Guy and the Girl work through their past loves, and reveal their budding love for one another, through their songs.

To win one of 10 double passes to see this touching film, answer the following question:
"In what country is Dublin?"

Please include your answer, student number, name and daytime contact number and email comps@arc.unsw.edu.au with the subject line "Once".

While you may not initially see the link, vegetarianism and environmentalism are connected in more ways than one. Vegetarians have long been thought of as animal lovers who wouldn't want to hurt a fly - let alone a cow, and while this is a genuine reason for vegetarianism, there are plenty of other ethically-driven motivations for cutting animals out of your diet!

Other common reasons include the mistreatment of animals, as "43% of the world's beef is raised on factory feedlots and more than half of the world's pork and poultry is raised on factory farms" (*World Watch Institute*). Animals in factory farms spend their entire life in crowded, unsanitary conditions that are usually indoors. Some animals may die without ever having seen sunlight. Another reason is that surprisingly, balanced vegetarianism is often much

doesn't take into account the energy cost of managing the farm and transportation costs. In addition, the required energy to produce and transport the animal's feed is equivalent to lighting a 100-watt bulb for approximately 20 days. This displays the gastronomical contribution to climate change that the production of meat makes.

Yet, these alarming statistics do not stop here! Our water crisis can not only be blamed on the weather, as our insatiable appetite for even 226 grams of meat requires 25000 litres of fresh water to produce. That is much more than even the most water-hungry plant, rice. As for deforestation, where a diet high in grain-fed meat can require 2 - 7 x more land than a vegetarian diet, its environmental consequences are massive. At this rate of inefficient land consumption, how is the world supposed to support a growing population?

COMBATING CLIMATE CHANGE :



Jacqui Mumford and Angela Rozali investigate.

healthier when compared to western diets high in fats, salts and sugars. More recently, a growing new form of vegetarianism has emerged, eco-vegetarianism, those who are vegetarian based on the amazing environmental benefits it brings.

Despite a current wide spread awareness of climate change, most people have no idea that their Sunday roasts and afternoon barbecues are contributing considerably to global warming. Firstly, there are greenhouse gases discharged from cows and sheep alike (in the form of methane, a much stronger greenhouse gas than CO₂). Even putting the farts aside, the whole process of growing livestock feed, powering machinery to cut the meat, fuelling refrigeration and transportation of the meat and the gas used to cook your meaty meal account for meat's unpopular reputation as the biggest greenhouse gas emitter!

Just recently, a Japanese study from the National Institute of Livestock and Grassland Science found producing 1kg of beef from conventional farming produces the equivalent of 36.4kg of carbon dioxide [approx. 74,000 L at 25°C and 1 atm., a couple of standard swimming pools -Ed.] not including other potent greenhouse gases like methane. This

To lower the meat industry's emissions, organic sustainable farming is slowly being undertaken, so buying sustainable meat at your local health food store can help. However vegetarianism is still by far the most effective way to reduce your ecological footprint. Vegetarianism reduces the demand for meat in our restaurants and supermarkets which subsequently reduces the demand for production.

While the prospect of not eating meat for some is a daunting one, ("What do you eat then?") it's realistic to start slowly. Perhaps try not eating meat when you go out to restaurants (the vegetarian options are usually far yummier and cheaper), or only eating meat once or twice a week. Not eating meat forces you to become far more creative with your cooking too! There is a huge range of non-meat products and even non-dairy in your supermarket or at your food co-op, Thoughtful Foods. Located at the back of Roundhouse, Thoughtful Foods is deliciously delightful. You'll sleep easy knowing how much money you've saved as well as the massive reduction you've made to your eco-footprint.

BIKE LOVE



The bike is a simple invention that costs the Earth little, can give you great speed, high spirits, relive childhood memories and remove heavy burdens using the milk crate at the back of your cycle. With over 150 staff and student members, UNSW's vibrant bicycle club, *Bike Love* help you achieve bicycle ecstasy.

Cycling around UNSW can also enhance your social life, keep you fit and increases your safety at night. Anywhere in Sydney cycling is a thrilling and addictive experience and the enthusiastic members of the bike club want to get you hooked on the joys of cycling. From buying a bike, learning to maintain it, getting it repaired, getting cheap safety gear and accessories, going on rides and stickering car windscreens, you can do it all with UNSW's *Bike Love* bike club.

At weekly maintenance sessions, the club collects old bikes and fixes them up, and anyone can get their bike fixed or just learn to fix bikes. This is because the club owns a set of bike tools for use by members. In addition, the bulk purchasing of gear such as lights and pumps allows students to gain discounts on bike gear. In sharing the love, the club's bikes are used as communal bikes or are sold to students.

The club even provides friends. A cycling buddy from Central to UNSW can be arranged by request for those less confident riding on the roads. Lastly, the club goes on various rides, from *Critical Mass* rides on the last Friday of each month to riding from Newcastle to Sydney with the *Cycle Against the Nuclear Cycle* on the weekend of August 17. Details of activities can be seen on the club's blog, which is maintained by members: www.unswbikeclub.wordpress.com. It's free to join the bike club - just send an email to Maurice@unsw.edu.au.



contact presents: Arrowroot Art

Luisa Lyons



It is a truth universally acknowledged that a university student's ears prick up when presented with the words "free food". It is therefore with great delight that Contact presents Arrowroot Art during Artsweek.

During Artsweek Contact Coordinator Luisa Lyons will be working her fingers to the bone so that you can have as much icing as necessary for creating your own work on an Arrowroot biscuit. Masterpieces from last year include the "Taj Mahal", made of lolly bananas and "Bridget's Island".

The beauty of Arrowroot Art is that there is no limit as to what these humble oval shaped biscuits can become. We invite you to use these biscuits as a blank canvas for your icing and lolly artworks. After all, creativity and sugar cravings cannot be denied.

Arrowroot Art is ideal for the sweet tooth in all of us. Each day, the Contact volunteers will take photos of your creations and will be displayed at the Contact library stall. At the end of Artsweek, we will announce the winner of Arrowroot Art.

So, be sure to visit the friendly Contact volunteers at the library stall and unleash your inner Picasso. The Arrowroot Art competition will run daily at the Contact library lawn stall from 12 to 2pm. For more information, please drop in at the Contact Office at level 2 of East Wing of the Quad.



Come and experience the lives of Australian Muslim women first hand. Be part of the change in creating a more harmonious and respectful Australian society.

1st time in Sydney

My dress image choice

A 'women only' event showcasing a fashion parade, superb cuisine and the opportunity to meet amazing women who are passionate about making a difference in today's world.

Date: Friday August 17th Time: 11am - 2:30pm Address: Randwick Town Hall 30 Francis Street, Randwick	Date: Sunday August 19th Time: 5pm - 8:30pm Address: Castle Grand On Pennant & Castle Sts, Castle Hill	This event has booked out for the past 5 years... bookings essential!
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For bookings call: Sheron 0422344263

Free Event!

This project is managed by Islamic Council of Victoria. Funded by:

ICV Islamic Council of Victoria

Australian Government
Department of Immigration and Citizenship

DRINK SPECIALS

\$4

\$4

Heineken Lager Beer

Bacardi Breezer

ROUND HOUSE

ATC
UNSW Student Life

COMICS

EUGENE!

BY LINUS LANE

www.theunibin.com



OOOH... SALLY'S LAW ESSAY!! WHAT MARK DID SHE GET?

I HATE IT WHEN PEOPLE I KNOW FIND OUT I GOT AN HI

IF I SEEM TOO PLEASED ABOUT IT, THEY MIGHT FEEL BAD THEY DIDN'T GET ONE...

BUT IF I ACT LIKE IT'S NOTHING, I'M BEING UP MYSELF

WHOA BABE... I NEVER GET THAT ON MY MUSIC ESSAY'S...

YEP... HERE WE GO AGAIN

THEY SAID "HI" IN THE COMMENTS! THAT'S SO FRIENDLY!

WHERE'S YOUR MARK?

SUDOKU

1			9			4		6
	7	2	6					
		4	8	3			9	1
	1	6	2					7
	2		4		5		8	
3					6	5	1	
4	3			7	9	2		
					8	3	5	
8		5			4			9

Party for Charity

@ the Youth4Charity Vibrance Party

Can't stand the thought of another dance party? Well then why not try *Vibrance* - a cocktail party with a difference present by Youth4Charity (Y4C)! DJ *Anujal* will be mixing the beats from a whole variety of the latest R'n'B tracks, house and classics. Choose what you want to hear (Mix 106.5 love song dedication style); whatever tunes tickle your fancy, notify us beforehand and we'll pass it on to our DJ for the night.

Chill to live performances from the fabulous *L.M.N.2*, *Dani* and *Diakonos* while enjoying tidbits (free of charge!) from our tasty menu - nachos with salsa, guacamole & hummus, chicken satay, party pies, vegetarian spring rolls, signature cocktail sandwiches & much more!

Youth for Charity (Y4C) is a student-run, non-profit organisation consisting of approximately 30 members from UNSW and USYD. Our mission is to hold exciting activities and social events to raise awareness and money for good causes, all while having a great time and meeting new people! Visit us at www.freewebs.com/youth4charity for more information. All our proceeds are going to the Starlight Children's Foundation, which does some truly special things for the ill children around Australia. So come to one of the hottest parties of the year, have fun and support charity.

Vibrance Party

Date: Saturday 18 August 2007
Time: 7 - 12pm
Location: Vbar, 111 Liverpool St, Sydney
Tickets: \$20 (no tickets at the door)

To buy tickets, please contact Hunter on REDACTED (UNSW) or Tony Bui on 0411 418 261 (USYD)

CLASSIFIEDS

• The UNSW computer Fair in the Roundhouse

• Computer Fair will be held at the Roundhouse on Aug 19, Sept 16, Oct 21, Nov 4 and Dec 2. Open 10am to 3pm.
• Save up to 50% on computers, notebooks, digital cameras, Mp3 and more.
• Entry \$3.00 and kids are free.

• Go Club AGM

• Wednesday 22 August (week 5) from 2-3pm in OMB 230. We'll elect our new execs, accept the constitution, and maybe play a few games too. Come discover this age-old strategy game.
• All are welcome!

• CSE Review EGM

• CSE Revue is holding an EGM in the K17 Seminar Room on Thursday 23rd of August (Week 5) at 5pm.
• All Members welcome.

• AGM of the Middle East Peace Process Society (MEPP)

• AGM of the Middle East Peace Process Society (MEPP) will be held on (Wed 15/8/07) 1-2pm in the Block House Training Room 1. We are an impartial society that aims to provide detailed insights into the conflict in the Middle East and raise awareness of its issues through lectures and discussion. Come along if you would like to learn something that goes beyond present media coverage! All welcome!

• Find out about the Gawad Kalinga Great Adventure Tour

• Find out how you can become part of an invigorating, proactive anti-poverty movement. Make friends, venture overseas, build homes for the poor. The Gawad Kalinga Great Adventure Tour is open to anyone of any degree. The much-lauded initiative is being hailed as one of the most effective in the rehabilitation of poverty stricken areas. Drop by the Wurth Room at the Roundhouse, between 4 and 5pm, on Wednesday the 15th to find out more.

• Buy tickets for Law

• **Review 2007: Poll Fiction**
• Buy your ticket to see Law Revue's Poll Fiction in Week 5! There will be a stall on the library lawn and in the Lawn building Foyer from 12-2pm from Monday to Friday. Cost will be Tues: \$8; Wed - Fri: \$10/\$15. More information and online booking: www.lawrevue.unsw.edu.au.
• In addition, Law Revue presents you with Pancakes! Be at the Main Gate on Mondays of week 5, and let the cast members of Law Revue 2007: Poll Fiction wish you a happy show week!

• NUTS Presents Cabaret

• Dark/smouldering/delicious/animalistic/raw/sensual/grunge/urban/exposed/burlesque, come see Cabaret. Directed by Lara Kerestes Book by Joe Masteroff, Lyrics by Fred Ebb and Music by John Kander 14 - 25 August 2007, Tuesday to Saturday, 8pm Figtree Theatre Gate 4 High St Kensington. Bookings at www.nuts.org.au "Life is beautiful; the girls are beautiful, even the orchestra is beautiful. So, come see Cabaret."

• UNSW Landcare

• Friday August 25 at 4pm: Like-minded individuals and tree-huggers will be gathering at the L. Cinque cafe (Institute of Languages building) to form the UNSW Landcare student group.
• For more information please see: www.landcare.unsw.edu.au or phone: 9385 7335. All welcome.

• Play AFL at the Unigames

• Play AFL at Aust Uni Games, 23-29 Sept at the Gold Coast. We need more players now... contact Michael Stapleton (stapo_1@msn.com).

• Women Wanted for a Health Study

• Health and Exercise Science researchers are looking for women 18-35 years old for a FAT LOSS trial. Please contact Winnie on email at winnie.siu@student.unsw.edu.au or Sarah on email at sarah.dien@student.unsw.edu.au or by phone, 9385-8710.

• Men Wanted For a Paid Health Study

• The School of Sports Science is conducting a study looking at the causes and management of high blood pressure. We are looking for young men with and without family histories of high blood pressure; your participation will consist of two sessions with us and you will be paid \$30 for your time. You will be given information about your fitness levels and body fat %. Please email me to organise a first session: Josh Hopp, ILP med student, z3160747@student.unsw.edu.au.

To advertise your classified submit online via the arc website; www.arc.unsw.edu.au. Click on the right hand "Blitz Magazine" link then "submit to Blitz". Please supply the week you want the classified listed, not the week of the event under "nominate week". Anonymous classifieds will not be printed, please supply a contact phone number. The maximum word count is sixty words.

If I told you that all of your life's problems stemmed from a single cause, would you believe me? If I told you it was possible to solve all these problems, could you stretch your imagination to believe that as well?

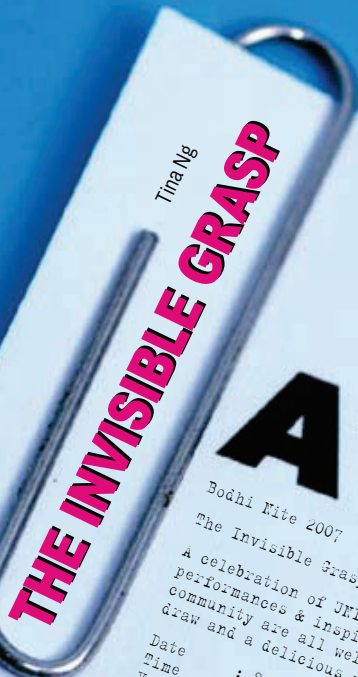
Strangely, finding the answer to the source of life's problems doesn't require you to believe anything. Let's try a simple experiment and you can see for yourself. Think of a problem - any problem. Lost love. Lost friend. Lost marks. Lost job. Lost money. Lost car. Lost opportunity. Lost reputation.

Now think for a minute about how you feel. You might feel: unhappy, angry, depressed, frustrated, pitiful, disappointed, self-critical, or maybe unloved. Whatever the feeling, stay with it and recognise it is there. No need to push it away or suppress it. Don't act upon it either. Now ask yourself, "Why do I feel this way?" Keep asking yourself "why?" until you get to the root of your unhappiness.

You may come up with many answers, but let me propose that inevitably, you will always reach one answer: attachment. Attachment to things being the way they are and people being a particular way. We can be attached to our views always being right and attached to our egos, which feel threatened by every criticism.

However everything is impermanent and subject to change. Things change, circumstances change, people change, and most importantly, we change. Problems often arise when we live and attach ourselves to things as if they are supposed to be permanent, instead of changing ourselves to the natural rhythms of life.

If we accept that attachment can cause unhappiness, then obviously letting go is a source of happiness. But what does that actually mean? It doesn't mean to give up or to be indifferent. It has a much more profound meaning than that. To find out more, attend Bodhi Nite 2007: an evening of Buddhist entertainment exploring the invisible grasp.



ATTACHMENT

Bodhi Nite 2007
The Invisible Grasp

A celebration of JUEBUDS 27th Anniversary through amazing theatrical production, sketch, choir performances & inspiring animations. JUEBUDS members, friends, the general public and the Sangha community are all welcome for an unforgettable evening full of entertainment. There will be prize draw and a delicious vegetarian dinner too!

Date : Saturday, 25 August 2007
Time : 6 - 10pm (6 - 7pm dinner)
Venue : Sir John Clancy Auditorium, JUEW
Tickets : \$10 members
 \$12 non-members
 \$15 at door

Info : log on to our website
www.unibuds.unsw.edu.au

VOX ADARS

Q1

What do you do that's environmentally friendly?

Q2

How long do you take in the shower?



Simona

- 1) Use the other side of the paper to work out maths questions.
- 2) My shower time is directly proportional to the amount of activities I do each day.



Bernise

- 1) Use flyers they hand out on the walkway as toilet paper.
- 2) 15-20 minutes.



Qais

- 1) Recycle bottles.
- 2) 5-10 minutes.



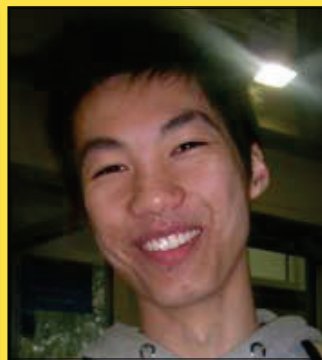
Nalini

- 1) Reuse plastic bags.
- 2) 20 minutes.



Breana

- 1) I recycle and I take public transport.
- 2) 10-15 minutes.



Will

- 1) Recycle paper and plastic cartons.
- 2) 15 minutes in winter, 5 minutes in summer, 10 minutes on average.



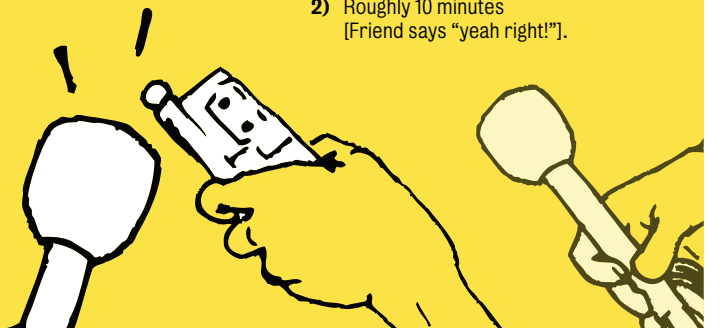
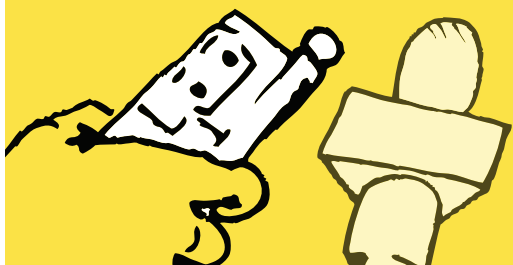
Natalie

- 1) Drink alcohol to save water.
- 2) 1 hour to waste water.



Jennifer

- 1) I recycle, sometimes. I like the idea of recycling.
- 2) Roughly 10 minutes [Friend says "yeah right!"]





Art's Sweet

INTO IT!

week 5

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