The experience of being released from prison: A case study

Bringing together current progress into a case study describing the experience of a client who accessed supported accommodation after leaving prison, exploring how the service's model of care seeks to respond to challenges and considering how existing literature might be used to improve outcomes for clients and services.

Daisy Gibbs¹, Michael Doyle², Sarah Larney³, Anthony Shakeshaft¹, Emily Stockings¹, Sara Farnbach¹

We have used data from three ongoing studies



Semi-structured qualitative interviews with men who receive supported accommodation from the Rainbow Lodge



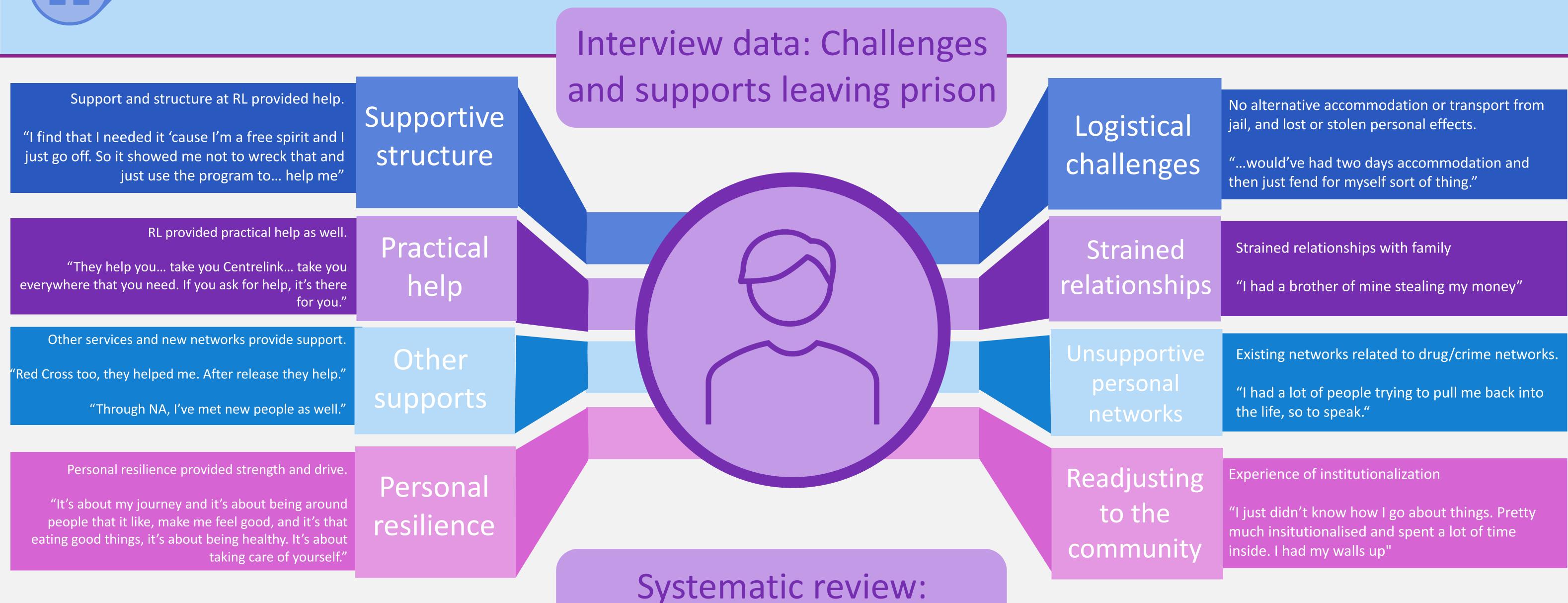
Program (RL) following release from prison (data presented from one interview);



Initial results from our systematic review of the quality and effectiveness of supported accommodation for people

released from prison; and

Preliminary analysis of the RL service model to develop this case study.



Limited high-quality evidence

~30 studies identified in systematic review

Methodological quality of studies generally not great

Limited evidence for which components associated with which outcomes Need to measure impact on other important outcomes: health, wellbeing, resilience, relationships

Preliminary findings

Rainbow Lodge: Draft model of care **Re-conviction and re-incarceration**

- Limited evidence found positive
 impacts of supported
 accommodation on re-conviction &
 rearrest
 - Higher level of observation –
 parole violations and offending
 more likely to be detected?

Accommodation

12-week supported accommodation service providing secure housing with 24/7 staff support

Facilitated re-housing

Ongoing tenancy support

Case management

Daily house meetings

Practical and administrative support

Advocacy and referral to relevant

services and agencies

Personal development

Life skills training

Training and job search

Community connection

Aboriginal cultural support and connection

Community collaboration



¹National Drug and Alcohol Research Centre, UNSW, Sydney, ²Central Clinical School, University of Sydney, ³Centre de Recherche du Centre Hospitalier de l'Université de Montréal (CRCHUM) and Department of Family Medicine and Emergency Medicine, Université de Montréal

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