

# How to help people play sport and do arts



This is an easy read summary of  
Evaluation of icare lifetime care  
Community Participation Grants

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More information [https://www.sprc.unsw.edu.au/research/projects/outcome-evaluation-community-participation-grants /](https://www.sprc.unsw.edu.au/research/projects/outcome-evaluation-community-participation-grants/)



## About icare lifetime care



**icare lifetime care** is run by the NSW government.



It helps people who are badly injured in a car accident in NSW.



**icare lifetime care** also gives funding to community groups so people with disability can take part in their community.



This funding program is called **Community Participation Grants**.

## About the report



**icare lifetime care** asked the Social Policy Research Centre to see whether the funding worked well.



The Social Policy Research Centre is called SPRC for short.



SPRC used different ways to get information such as talking to people, doing surveys and reading reports.

# Importance of the project



It is important that people with disability feel part of the community.



It is important that organisations in the community learn how to include people with disability.



It is important that people with disability can take part in activities in their community like **sport** and **arts**.

## Sport can be



Swimming



Horse riding



Basketball



Fitness

## Arts can be



Dancing



Painting



Taking photos



Acting and performing

## Good results for people with disability



Projects that worked well had funding to pay for supports such as



- Hoists



- Auslan interpreting and mentoring for Deaf people



Projects that worked well had workshops so people with disability could build their skills.



They also had a mix of people planning and running the project, including people with disability.



# How to include people with disability



Train staff to support people with disability better



Work through problems together



Make access easier



Include people from different backgrounds



Make relationships with people with disability, professionals and businesses



Include people with disability to help with activities in the future.

# Experiences with the funding program



Most organisations said the funding was good and fair.



Many people with disability and organisations said the funding helped them.



Many people said they will do more activities such as art exhibitions.

# Make the program better



Give more funding to projects that are doing well



Help groups that do not have many resources



Help people with disability learn more skills