

## **UNSW Course Outline**

# PSYC1029 Psychobiology of Sex, Love and Attraction - 2024

Published on the 20 May 2024

# **General Course Information**

Course Code: PSYC1029

Year: 2024 Term: Term 2

Teaching Period: T2

**Is a multi-term course?**: No **Faculty**: Faculty of Science

Academic Unit: School of Psychology

Delivery Mode: Online
Delivery Format: Standard
Delivery Location: Kensington

Campus: Sydney

Study Level: Undergraduate

Units of Credit: 6

#### **Useful Links**

Handbook Class Timetable

# **Course Details & Outcomes**

# **Course Description**

What is love, why do we feel it, and what does it do to our body and brain? Philosophers and romantics might say that love is an ethereal force that engulfs the mind, nourishes the soul, and drives us to distraction. Neuroscientists and evolutionary psychologists would argue that love is an intense emotional state generated by hormones and chemicals moderating activity in areas of

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the brain involved in reward, stress, and cognition. In other words, they agree!

In this course we will investigate the mysteries of sex, love, and attraction using evidence from the fields of evolutionary psychology, neuroscience, sociology, and biology. Through a series of fascinating (and at times disturbing) lectures, this course will provide you the tools to engage in frank and informed conversations about some of life's greatest questions. Are humans actually monogamous? Why is society obsessed with female chastity? What makes us desire partners that might be bad for us? Is bigger actually better? Join us and find out.

This is a 100% online course using pre-recorded lectures, online modules, and interactive forums. However, we adjust our content every term in order to keep up-to-date with all the latest (and weirdest) research about sex, relationships, and society. Active participation is strongly encouraged, and you will have plenty of opportunities to engage with your peers and lecturers via discussion forums and optional live chats in the Virtual Classroom. No prior science or psychology knowledge is assumed; the content in this course is accessible to both science students and those in non-science programs.

#### **Course Aims**

This course aims to introduce students to the study of sex, love, and attraction in humans and other animals from a broad-based perspective including comparative, psychobiological, cross-cultural, and evolutionary approaches. Students will also learn self-regulated learning and scientific writing skills, providing them with a strong foundation of academic skills they can employ in their future studies.

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# **Course Learning Outcomes**

#### **Course Learning Outcomes**

CLO1: Identify psychobiological and evolutionary concepts and principles and use them to explain issues and influences of sex, love, and attraction.

CLO2: Appraise relevant literature and synthesise research findings to develop understanding of sex, love, attraction, and other theoretical issues.

CLO3: Apply critical thinking skills and draw on empirical evidence from psychological science to examine physiological, behavioural, evolutionary, cognitive, and social factors involved in sex, love, and attraction.

CLO4: Apply effective written communication skills to elaborate and advance scientific arguments.

Course Learning Outcomes	Assessment Item		
CLO1: Identify psychobiological and evolutionary concepts and principles and use them to explain issues and influences of sex, love, and attraction.	<ul><li>Quizzes</li><li>Final exam</li><li>Essay</li><li>Group discussion questions</li></ul>		
CLO2: Appraise relevant literature and synthesise research findings to develop understanding of sex, love, attraction, and other theoretical issues.	<ul><li> Quizzes</li><li> Final exam</li><li> Essay</li></ul>		
CLO3: Apply critical thinking skills and draw on empirical evidence from psychological science to examine physiological, behavioural, evolutionary, cognitive, and social factors involved in sex, love, and attraction.	<ul><li> Group discussion questions</li><li> Quizzes</li><li> Final exam</li><li> Essay</li></ul>		
CLO4 : Apply effective written communication skills to elaborate and advance scientific arguments.	Group discussion questions     Essay		

# **Learning and Teaching Technologies**

Moodle - Learning Management System | Zoom

# **Additional Course Information**

Psychology Student Guide: The School of Psychology Student Guide contains School policies and procedures relevant for all students enrolled in undergraduate or Masters psychology courses, such as:

- Attendance requirements
- Assignment submissions and returns

- Assessments
- Special consideration
- Student code of conduct
- Student complaints and grievances
- Equitable Learning Services
- Health and safety

It is expected that students familiarise themselves with the information contained in this guide

# **Assessments**

#### **Assessment Structure**

Assessment Item	Weight	Relevant Dates
Quizzes Assessment Format: Individual	12%	
Final exam Assessment Format: Individual	50%	Start Date: Not Applicable Due Date: Not Applicable
Essay Assessment Format: Individual Short Extension: Yes (2 days)	28%	Due Date: 10/11/2023 11:59 PM Post Date: 24/11/2023 11:30 PM
Group discussion questions Assessment Format: Individual	10%	Start Date: Not Applicable

# **Assessment Details**

#### Quizzes

#### **Assessment Overview**

The quizzes will cover all course content that is identified as being assessable content from each week, including lectures and assessable readings/other activities. Each quiz will consist of 12 multiple-choice questions, covering material from three weeks of the course. Quiz 1 will cover material from Weeks 1-3. Quiz 2 will cover material from Weeks 4-7. Quiz 3 covers material from Weeks 8-10. The quizzes are worth a cumulative 12% of the total course mark. The quizzes will be made available to you by 9 AM on the Monday of Week 3, Week 7, and Week 10, and will need to be completed by 11:59 PM on Friday in those weeks.

#### Course Learning Outcomes

- CLO1: Identify psychobiological and evolutionary concepts and principles and use them to explain issues and influences of sex, love, and attraction.
- CLO2: Appraise relevant literature and synthesise research findings to develop understanding of sex, love, attraction, and other theoretical issues.
- · CLO3: Apply critical thinking skills and draw on empirical evidence from psychological

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science to examine physiological, behavioural, evolutionary, cognitive, and social factors involved in sex, love, and attraction.

#### Final exam

#### **Assessment Overview**

The final exam will be worth 50% of the total course mark. There will be 60 multiple choice questions drawn randomly from a larger pool. No two students will answer exactly the same questions. The examination will be 1 hour, and will assess lecture and reading material from Weeks 1-10. You will only be able to attempt the final exam once. Further details regarding the exact time and will be released on myUNSW as they become available.

#### Course Learning Outcomes

- CLO1: Identify psychobiological and evolutionary concepts and principles and use them to explain issues and influences of sex, love, and attraction.
- CLO2: Appraise relevant literature and synthesise research findings to develop understanding of sex, love, attraction, and other theoretical issues.
- CLO3: Apply critical thinking skills and draw on empirical evidence from psychological science to examine physiological, behavioural, evolutionary, cognitive, and social factors involved in sex, love, and attraction.

#### Assignment submission Turnitin type

Not Applicable

#### Essay

#### **Assessment Overview**

A written assignment (750-1000 words) in essay format will be required for submission in Week 9. You are required to produce a written piece of work, with appropriate supporting references, that will be submitted online via Turnitin. The full instructions for this assignment will not be released until Week 4, but you will be required to identify and analyse physiological, behavioural, evolutionary, cognitive, and/or social factors relating to a topic/issue/question relevant to the course material. From this, you will then need to draw on relevant evolutionary/psychological concepts and principles to discuss the significance of the topic/issue and its influences on our lives. The essay will be worth 28% of the total course mark. Brief researching and writing skills resources will be made available to provide further help to you on how to approach this essay.

#### **Course Learning Outcomes**

- CLO1: Identify psychobiological and evolutionary concepts and principles and use them to explain issues and influences of sex, love, and attraction.
- CLO2: Appraise relevant literature and synthesise research findings to develop understanding

of sex, love, attraction, and other theoretical issues.

- CLO3: Apply critical thinking skills and draw on empirical evidence from psychological science to examine physiological, behavioural, evolutionary, cognitive, and social factors involved in sex, love, and attraction.
- CLO4: Apply effective written communication skills to elaborate and advance scientific arguments.

#### **Assessment Length**

750-1000 words

#### Submission notes

One submission per student. Submissions final.

#### **Assessment information**

#### Flexibility in task completion - Short Extension

If you are struggling to meet the deadline for this assessment task, you may apply for a short extension of 2 days.

All short extension applications must be submitted before the task's due date.

For details on how to apply, and the conditions on applying, please visit the UNSW <u>Special</u> Consideration website.

#### Assignment submission Turnitin type

This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

#### **Group discussion questions**

#### **Assessment Overview**

The group discussion questions will involve a question/topic that you will need to comment on in the group discussion forum. Each student will be allocated to a group of ~10 students for this activity. The question/topic will be released by 9 AM on Monday of Weeks 2, 4, 5, and 8. The comment must be submitted in the forum by 11:59 PM on Friday in Weeks 2, 4, 5 and 8 to avoid late penalties. Each comment will be marked out of 20 possible points and will be worth 2.5% of the total course mark. Full credit will be awarded providing the comment demonstrates that the student has engaged with the material in a thoughtful, meaningful, and original way

#### **Course Learning Outcomes**

• CLO1: Identify psychobiological and evolutionary concepts and principles and use them to explain issues and influences of sex, love, and attraction.

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- CLO3: Apply critical thinking skills and draw on empirical evidence from psychological science to examine physiological, behavioural, evolutionary, cognitive, and social factors involved in sex, love, and attraction.
- CLO4: Apply effective written communication skills to elaborate and advance scientific arguments.

#### **Assessment Length**

recommended 180-400 words per post

#### Assignment submission Turnitin type

This is not a Turnitin assignment

## **General Assessment Information**

**Special Consideration**: Students who experience circumstances outside of their control that prevent them from completing an assessment task by the assigned due date due can apply for Special Consideration. Special Consideration applications should include a medical certificate or other documentation and be submitted via myUNSW within 3 days of the sitting/due date.

Important note: UNSW has a "fit to sit/submit" rule, which means that if you sit an exam or submit a piece of assessment, you are declaring yourself fit to do so and cannot later apply for Special Consideration. This is to ensure that if you feel unwell or are faced with significant circumstances beyond your control that affect your ability to study, you do not sit an examination or submit an assessment that does not reflect your best performance. Instead, you should apply for Special Consideration as soon as you realise you are not well enough or are otherwise unable to sit or submit an assessment.

Once your application has been assessed, you will be contacted via your student email address and advised of the official outcome. If the special consideration application is approved, you may be given an extended due date, or an alternative assessment/supplementary examination may be set. For more information about special consideration, please visit: <a href="https://student.unsw.edu.au/special-consideration">https://student.unsw.edu.au/special-consideration</a>.

Alternative assessments: will be subject to approval and implemented in accordance with UNSW Assessment Implementation Procedure and Psychology Student Guide.

**Supplementary examinations**: will be made available for students with approved special consideration application and implemented in accordance with UNSW Assessment Policy and Psychology Student Guide.

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All course assessments have been designed and implemented in accordance with <u>UNSW</u> Assessment Policy.

The APA (7<sup>th</sup> edition) referencing style is to be adopted in this course. Students should consult the publication manual itself (rather than third party interpretations of it) in order to properly adhere to APA style conventions. Students do not need to purchase a copy of the manual, it is available in the library or online. This resource is used by assessment markers and should be the only resource used by students to ensure they adopt this style appropriately.

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#### **Grading Basis**

Standard

# **Course Schedule**

Teaching Week/Module	Activity Type	Content		
Week 0 : 20 May - 26 May	Other	Explore Moodle page, course outline, welcome information, and Week 1 material		
Week 1 : 27 May - 2 June	Lecture	In the Beginning An introduction to the course and the evolution of sexual behaviours across species.		
	Online Activity	Complete Course Information Quiz Watch Videos on mating strategies of kangaroos and praying mantis		
	Other	Meet the instructor in an online Zoom session for an intro to the course and a discussion of Week 1 material (time TBA)		
Week 2:3 June - 9 June	Lecture	It's a Man's World Find out how much penis size really matters, and learn some crazy facts about feisty sperm!		
	Online Activity	First Discussion Forum (MARKED) Reading Video on flatworm mating		
	Other	Zoom discussion of Week 2 content		
Week 3 : 10 June - 16 June	Lecture	It's a Woman's World We talk about the strange misconceptions that have shaped the treatment of women throughout history, take a deep dive into the intensive study of the female orgasm, and hear about how learning impacts sexual behaviour.		
	Online Activity	Online Quiz for Weeks 1-3 material (MARKED) Readings Podcast		
	Other	Zoom discussion of Week 3 content		
Week 4 : 17 June - 23 June	Lecture	Attraction Learn about the hormones, neurotransmitters, and evolutionary drives that shape our sexual desires.		
	Online Activity	Second Discussion Forum (MARKED) Readings View Essay instructions, resources, and marking rubric		
	Other	Zoom discussion of Week 4 content Essay topic released		
Week 5 : 24 June - 30 June	Lecture	Desire for Variety Are men and women truly satisfied with sexual monogamy? Discover the risks and benefits of exploration outside the pair bond.		
	Online Activity	Third Discussion Forum (MARKED) Reading		
	Other	Zoom discussion of Week 5 content		
Week 6: 1 July - 7 July	Lecture	FREE (Flex Week)		
	Online Activity	NOTHING		
	Other	SLEEP		
Week 7 : 8 July - 14 July	Lecture	Love We explore the evolution and neurochemistry of I ove, and find out what happens to our brains and bodies when our hearts have been broken.		
	Online Activity	Online Quiz for Weeks 4-7 material (MARKED) Readings		
	Other	Zoom discussion of Week 7 content		
Week 8 : 15 July - 21 July	Lecture	The Brain We discuss how our brains process love and sex, and consider some facts and fictions about brain differences between men and women.		
	Online Activity	Final Discussion Forum (MARKED) Readings		
	Other	Zoom discussion of Week 8 content		
Week 9 : 22 July - 28 July	Lecture	Age and Culture How does culture impact our opinions on sex and love? What is the purpose of menopause, and why does it exist in our species?		
	Online Activity	Submit Essay by Friday 11:59pm (MARKED) Reading		

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	Other	Zoom discussion of Week 9 content
Week 10 : 29 July - 4 August	Lecture	Naughty or Nice? We'll explore the science of fantasy and "strange" desires, and contemplate the next steps of our sexual evolution.
	Online Activity	Online Quiz for Weeks 8-10 material (MARKED) Readings
	Other	Final Zoom Discussion (including Q&A about final exam)

# **Attendance Requirements**

Students are strongly encouraged to attend all classes and review lecture recordings.

### **General Schedule Information**

This typically consists of approximately 2 hours of online lecture material and 1-2 hours of online activities each week. In addition, students are expected to take an additional 6-7 hours of study to engage in self-determined study to complete assessments, readings, and exam preparation each week.

# **Staff Details**

Position	Name	Email	Location	Phone	Availability	Equitable Learning Services Contact	Primary Contact
	Kelsey Zimm ermann					No	Yes

# Other Useful Information

#### **Academic Information**

Upon your enrolment at UNSW, you share responsibility with us for maintaining a safe, harmonious and tolerant University environment.

You are required to:

- Comply with the University's conditions of enrolment.
- Act responsibly, ethically, safely and with integrity.
- Observe standards of equity and respect in dealing with every member of the UNSW community.
- Engage in lawful behaviour.
- Use and care for University resources in a responsible and appropriate manner.
- Maintain the University's reputation and good standing.

For more information, visit the UNSW Student Code of Conduct Website.

#### **Academic Honesty and Plagarism**

**Referencing** is a way of acknowledging the sources of information that you use to research your assignments. You need to provide a reference whenever you draw on someone else's words, ideas or research. Not referencing other people's work can constitute plagiarism.

Further information about referencing styles can be located at <a href="https://student.unsw.edu.au/">https://student.unsw.edu.au/</a> referencing

Academic integrity is fundamental to success at university. Academic integrity can be defined as a commitment to six fundamental values in academic pursuits: honesty, trust, fairness, respect, responsibility and courage. At UNSW, this means that your work must be your own, and others' ideas should be appropriately acknowledged. If you don't follow these rules, plagiarism may be detected in your work.

Further information about academic integrity, plagiarism and the use of AI in assessments can be located at:

- The Current Students site,
- The ELISE training site, and
- The Use of AI for assessments site.

The Student Conduct and Integrity Unit provides further resources to assist you to understand your conduct obligations as a student: https://student.unsw.edu.au/conduct

#### Submission of Assessment Tasks

#### Penalty for Late Submissions

UNSW has a standard late submission penalty of:

- 5% per day,
- · for all assessments where a penalty applies,
- capped at five days (120 hours) from the assessment deadline, after which a student cannot submit an assessment, and
- no permitted variation.

Any variations to the above will be explicitly stated in the Course Outline for a given course or assessment task.

Students are expected to manage their time to meet deadlines and to request extensions as

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early as possible before the deadline.

#### **Special Consideration**

If circumstances prevent you from attending/completing an assessment task, you must officially apply for special consideration, usually within 3 days of the sitting date/due date. You can apply by logging onto myUNSW and following the link in the My Student Profile Tab. Medical documentation or other documentation explaining your absence must be submitted with your application. Once your application has been assessed, you will be contacted via your student email address to be advised of the official outcome and any actions that need to be taken from there. For more information about special consideration, please visit: <a href="https://student.unsw.edu.au/special-consideration">https://student.unsw.edu.au/special-consideration</a>

Important note: UNSW has a "fit to sit/submit" rule, which means that if you sit an exam or submit a piece of assessment, you are declaring yourself fit to do so and cannot later apply for Special Consideration. This is to ensure that if you feel unwell or are faced with significant circumstances beyond your control that affect your ability to study, you do not sit an examination or submit an assessment that does not reflect your best performance. Instead, you should apply for Special Consideration as soon as you realise you are not well enough or are otherwise unable to sit or submit an assessment.

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#### **Faculty-specific Information**

#### Additional support for students

- The Current Students Gateway
- Student Support
- Academic Skills and Support
- Student Wellbeing, Health and Safety
- Equitable Learning Services
- UNSW IT Service Centre
- Science EDI Student Initiatives, Offerings and Guidelines