

# Support for people with mental illness

## Evaluation Plan



### Easy Read of

## Community Based Mental Health Programs

### Evaluation Plan

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**with help from Council for Intellectual Disability**



**More information:**

<https://www.sprc.unsw.edu.au/research/projects/evaluation-of-clis-and-hasi/>



## About this Easy Read

This is about a plan to do research.

The research is about mental illness.

Mental illness is common in Australia.



One in five people have a mental illness.

Some mental illnesses are:



- depression



- anxiety

- schizophrenia



People from the Social Policy Research Centre do the research.



The Social Policy Research Centre is called **SPRC** for short.



The research looks at programs that help people with mental illness.

## About the programs



The research is about 2 programs by NSW Health.

The programs are called



**Housing and Accommodation Support Initiative (HASI)**

and



**Community Living Supports (CLS)**



The programs provide services so people with mental illness can improve their lives.

The programs help people to reach their goals.

For example:



Do shopping or cooking



Move from hospital or prison back to home



Learn new skills



Find a job



Make new friends



Find other help, like drug or alcohol services.

## What this research does



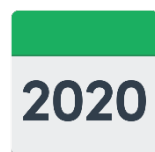
The research looks at what is good about the programs.



We look at the cost of the programs.



We want to find out how the programs can be better.



The research happens from November 2017 until January 2020.

# How we do the research



Listen to people's stories



Do phone interviews



Read documents



Look at other information about people in the programs such as:  
how their mental illness can affect their physical health.



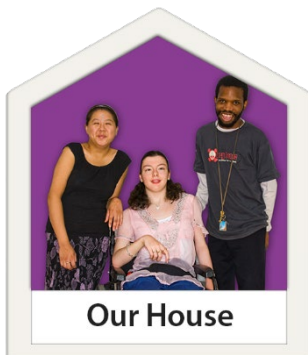
# We talk to different people



People who use the programs



Families and carers



People who work for the programs



People from the government.

## Peer researchers



Peer researchers have a lived experience of the topic they are researching.



In this research, peer researchers are people who have a mental illness.



Some peer researchers are Aboriginal.



Peer researchers help plan this research.



They help do the research.



They give advice about how to include different people in the research.

