



UNSW
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SPRC

Social Policy Research Centre

Evaluation of Statewide Intellectual Disability Mental Health Hubs



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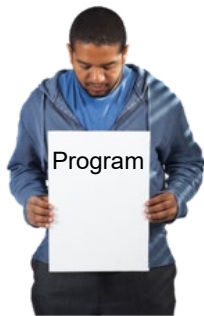


Easy Read

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Part 1

About this report



This report is about a program for people with both intellectual disability and mental health needs.

The program is called the Statewide Intellectual Disability Mental Health Hubs.



We say the **Hubs** for short.

This report is about what the Hubs:

- Are doing well
- Could do better.



The report has 4 parts:

Part 1 is about this report and the Hubs

Part 2 is about what we found by talking with people

Part 3 is about what the Hubs should do next

Part 4 is about the evaluation

You can read all parts or just parts you are interested in.

About the Hubs



Hubs help services support people with intellectual disabilities and mental health needs.



NSW Health pays for the Hubs.



NSW Health is part of the NSW Government.



Hubs started in 2020.

What the Hubs do



Hubs talk to people about how they can have a better life



Hubs train health and disability workers and give them advice.

There are 2 Hubs



1 for children and young people



1 for adults



Hubs are for people and services from all over NSW (New South Wales).

Part 2

What Hubs did well with people and families



Hubs helped people and their families feel happier and healthier.



Hubs helped people get other support services.



Hubs helped people with better medication and behaviour support.



Hubs helped people get more support from **NDIS** (National Disability Insurance Scheme).



Hubs helped people not go to hospital emergency as much.

What Hubs did well with services

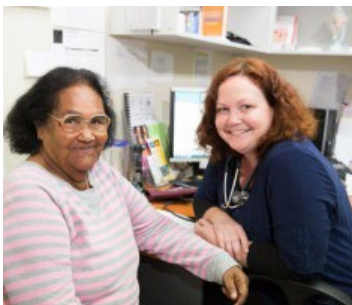


Hubs helped **services** give better support to people.

Services are organisations or workers that support people.



Hubs helped services to better understand intellectual disability and mental health.



Hubs helped services to work better with people with intellectual disability and mental health needs.



Hubs helped services to work together more.

Part 3

What the Hubs can do next

Make sure Hubs meet the needs of people



- from all parts of NSW



- from all cultures



- who are Aboriginal



- with all kinds of intellectual disability and mental health needs.

Hubs can also



Help people get appointments with specialist doctors and support services.



Make sure services know how to get information and training from the Hubs.



Include people with intellectual disability and mental health needs as trainers for services.



Make it easier to find out information about the Hubs.



NSW Government could help all the services work better together.

These services could be



- Hubs
- Mental health services
- NDIS
- Disability services
- Schools

Part 4

How we did the evaluation



We talked to people with intellectual disability and mental health needs who used the Hubs.

They are the Hub **participants**.



We talked to their families.



We talked to services who worked at the Hubs or had advice from the Hubs.



We talked to people in government about the Hubs.



We talked to many people 2 times over 3 years.

We wanted to see what things changed.



We did surveys with health workers.



We did surveys with families.



We used other information about Hub participants.

About the evaluation



The evaluation started in 2020 and finished in 2023.



Researchers were from 2 organisations:

The Social Policy Research Centre



It is called **SPRC** for short.

Department of Developmental Disability
Neuropsychiatry.



It is called **3DN** for short.



Researchers are people who find things out.



Peer researchers are people with intellectual disability or mental health needs in the research team.



Peer researchers made the research better because they know what it is like to have intellectual disability or mental illness.

More information



More information about the evaluation is on the SPRC website.

www.unsw.edu.au/research/sprc/our-projects/evaluation-the-hubs



You can click this link

[Evaluation of the Intellectual Disability and Mental Health Hubs \(IDMH Hubs\) | Arts, Design & Architecture - UNSW Sydney](#)