

School of Social Sciences UNSW Arts, Design and Architecture

SOCF5104

Counselling Practice

Term 2, 2022



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Course Overview

Staff Contact Details

Convenors

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Lecturers

Name	Email	Availability	Location	Phone
Kerrie James	<u>kerrie.james@unsw.edu.au</u>	By appointment	Morven Brown Room 134	

School Contact Information

School of Social Sciences

Room 159

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Acknowledgement of Country

UNSW Arts, Design and Architecture Kensington and Paddington campuses are built on Aboriginal Lands. We pay our respects to the Bidjigal and Gadigal peoples who are the Custodians of these lands. We acknowledge the Aboriginal and Torres Strait Islander peoples, the First Australians, whose lands, winds and waters we all now share, and pay respect to their unique values, and their continuing and enduring cultures which deepen and enrich the life of our nation and communities.



Image courtesy of the Office of the Pro Vice-Chancellor Indigenous UNSW's Indigenous strategy

Course Details

Units of Credit 6

Summary of the Course

This course in the Master of Counselling Social Work (MCSW) program will develop your knowledge of counselling practice and skills, and your capacities for reflection on use of self and the counselling process. The interactive and collaborative style of learning and teaching uses small group consultation and is grounded in active learning from your own social work counselling practice. The course will provide the opportunity for you to develop more advanced capacities in your counselling and reflective practice through a focus on case presentation, discussion, and analysis.

Course Learning Outcomes

- 1. Identify your use of self in a range of social work counselling experiences
- 2. Critically reflect on challenges within the therapeutic relationship
- 3. Articulate your use of relevant counselling skills
- 4. Employ coherent and succinct case presentation skills
- 5. Work effectively in a small group context to critically reflect on the social work counselling role
- 6. Demonstrate integration of counselling theory in relation to your counselling practice

Teaching Strategies

The teaching and learning philosophy for this course rests on a commitment to your active engagement in the learning process, to course content that is grounded directly in your own social work counselling practice contexts. Teaching and learning will draw on your own skills and knowledge as a way of maximising learning.

The course will develop your direct counselling practice though a focus on case discussion, critical reflection and analysis. It also provides an opportunity for you to integrate the theoretical and practice knowledge gained from other courses and to apply them in particular work and case contexts.

The format is work in small groups that requires the active participation of all students. You will work in the same small group of 5-7 students. You are expected to prepare by selecting work with particular clients, reflecting on your own practice, and organising the information for succinct presentation and class discussion. Guidelines for presentation, reflection and group practice consultation and discussion will be identified at the first meeting to ensure confidentiality and to promote a safe environment for sharing practice. Group practice consultation is an intensely collaborative process, and you and your fellow students are actively involved in all presentations.

Assessment

Assessment task	Weight	Due Date	Course Learning Outcomes Assessed
1. Assignment 1	40%	27/06/2022 11:59 PM	1, 4, 5
2. Assignment 2	60%	25/07/2022 11:59 PM	2, 3, 4, 6

Assessment 1: Assignment 1

Assessment length: 1500 words +/- 10% (excluding reference list) Due date: 27/06/2022 11:59 PM

Students will submit a critical reflection (max. 1500 words) on a topic relevant to the course material.

Students will receive written feedback and a numerical grade within ten working days of submission. The feedback sheet/rubric will be available to students at the start of the course so that they can work towards specified standards.

This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

Assessment 2: Assignment 2

Assessment length: 2500 +/- 10% (excluded Reference List) Due date: 25/07/2022 11:59 PM

Students will submit a critical reflection (max. 2500 words) on a topic relevant to the course material.

Students will receive written feedback and a numerical grade within ten working days of submission. The feedback sheet/rubric will be available to students at the start of the course so that they can work towards specified standards.

This is the final assessment for this course for attendance purposes.

This assignment is submitted through Turnitin and students can see Turnitin similarity reports.

Attendance Requirements

In order to meet the learning outcomes for this course active participation and attendance in all learning tasks, activities and classes is required in this course. You must attend all scheduled classes including face -to-face (in person) intensives on campus and the additional online (Zoom) seminars. Attendance records will be kept. You are responsible for keeping track of your attendance and contacting your course convenor immediately if you are concerned about your attendance record and its impact on your ability to complete your course successfully.

In person attendance at intensives on campus is an important part of learning for this course and supports students effectively achieving the learning outcomes for this course. The course is structured to use in person intensives on campus effectively while keeping to a minimum the number of times travel to campus is required (up to three per term).

If you have any COVID-19 related concerns about attending in person at intensives you should contact the Program convenor Dr Jane Mowll (<u>j.mowll@unsw.edu.au</u>) and the course convenor to discuss your concerns as soon as possible prior to the first intensive and if necessary, may apply in writing to attend online. If remote attendance for intensives is approved a Zoom link will be provided to you. You must not share the Zoom link with other students.

SOCF5104 has 3 attendance components:

- 1. On-campus Intensive: Thursday 2nd June, 2022
- 2. Weekly on-line seminars: Weeks 2 10

3. **Counselling case log:** In this course mandatory completion of counselling case logs, as well as attendance at all scheduled classes is expected. SOCF5104 has no set readings and no additional structured out of class learning activities. Therefore, the completion of 20 counselling case logs for this course forms part of the 150 hours of expected student workload for the course. *Satisfactory completion and submission of the logs are part of the attendance requirements of this course.*

Course Schedule

View class timetable

Timetable

Date	Туре	Content
Week 1: 30 May - 3 June	Intensive	Thursday 2nd June 9.30- 5pm Location: On-campus unless you have discussed online attendance with the Program/Course Convenor. Squarehouse 115 (K-E4-115) The outline for the day is available on Moodle closer to the date.

Week 2: 6 June - 10 June	Seminar	Small group work: 1 hour Peer Consultation; 1 hour Supervisor-Facilitated Consultation
Week 3: 13 June - 17 June	Seminar	Small group work: 1 hour Peer Consultation; 1 hour Supervisor-Facilitated Consultation
	Project	Counselling Logs Part 1: At least 7 and no more than 10 Counselling Logs due Friday 17th June 11.59 PM
Week 4: 20 June - 24 June	Seminar	Small group work: 1 hour Peer Consultation; 1 hour Supervisor-Facilitated Consultation
Week 5: 27 June - 1 July	Seminar	Small group work: 1 hour Peer Consultation; 1 hour Supervisor-Facilitated Consultation
	Assessment	Assessment 1: Due Monday 27th June 11.59PM
	Assessment	Assignment 1
Week 6: 4 July - 8 July	Seminar	Small group work: 1 hour Peer Consultation; 1 hour Supervisor-Facilitated Consultation
Week 7: 11 July - 15 July	Seminar	Small group work: 1 hour Peer Consultation; 1 hour Supervisor-Facilitated Consultation
Week 8: 18 July - 22 July	Seminar	Small group work: 1 hour Peer Consultation; 1 hour Supervisor-Facilitated Consultation
	Project	Counselling Logs Part 2: Due Monday 18th July 11.59 PM
Week 9: 25 July - 29 July	Seminar	Small group work: 1 hour Peer Consultation; 1 hour Supervisor-Facilitated Consultation
	Assessment	Assessment 2 Due: Monday 25th July 11:59 PM
	Assessment	Assignment 2
Week 10: 1 August - 5 August	Seminar	Small group work: 1 hour Peer Consultation; 1 hour Supervisor-Facilitated Consultation

Resources

Prescribed Resources

Computer / technical Requirements

As this course is blended in-person and online. Access to online seminars is via the Moodle page for this course. The Moodle site is available to students from 18th May at 9am.

UNSW Moodle supports the following web browsers:

- Google Chrome 50+
- Safari 10+

(Internet Explorer is not recommended; Add-ons and Toolbars can affect any browser's performance).

Operating systems recommended are: Windows 7, 10, Mac OSX Sierra, iPad IOS10 For further details about system requirements click <u>here</u>. Log in to Moodle <u>here</u> or via <u>MYUNSW</u> single sign on.

For our Online Seminars you will require:

- A headset with a microphone
- A camera
- A broadband internet connection (256Kbit/sec or faster)

If you need further assistance with Moodle

For enrollment and login issues please contact: IT Service Centre Email: itservicecentre@unsw.edu.au Phone: (02) 9385 1333 International: +61 2 9385 1333

Support hours: Monday – Friday 8:00am – 8:00 pm Saturday & Sunday 11:00 am – 2:00pm

For all other Moodle issues please contact

External TELT Support Email: externalteltsupport@unsw.edu.au Phone: (02) 9385 3331 International: +61 2 9385 3331

Support hours: Monday - Friday 8:00am - 10:00 pm Saturday & Sunday 9:00 am - 5:00pm

Recommended Resources

SOCF5104 relies on readings from all other courses throughout the MCSW. It is important to confirm that you have access to your readings from throughout the program. Please alert course convenor if you cannot access your reading lists from any course. It is expected that you will undertake reflection and integration of readings used throughout the MCSW program and that you will undertake independent research relevant to your chosen assessment topics.

You can sign up for Table of Contents (TOC) Alerts from the homepages of relevant journals, to receive

an email whenever new articles are published in that journal. Journal websites will often carry information on the most viewed and most cited articles; these are likely to be interesting and often influential contributions. Google Scholar will also point you to articles that have cited a particular article and hence will be related to the topic.

Course Evaluation and Development

Student evaluative feedback is gathered periodically using, among other means, UNSW's MyExperience process. Informal feedback and class-generated feedback are also important. Student feedback is taken seriously, and continual improvements are made to the course based in part on such feedback. Significant changes to the course will be communicated to subsequent cohorts of students taking the course.

Student feedback helps us to design better teaching and learning environments.

SOCF5104 was delivered online in 2020-2021. Through MyExperience results 100% of SOCF5104 2021 students agreed that overall they were satisfied with the course (4% moderately agreed, 36% Agreed and 60% Strongly Agreed). The response rate was 93% !

Student feedback from 2020-2021 MyExperience and verbal feedback during class reviews has informed further development of this course.

What Students Said Worked Well:

- The consultants provided clear information and structure for learning
- Hearing from peers and consultants in small group consultation provided valuable input and ideas for reflection
- Consultation helped you reflect on your practice and also act as a marker of development across your time studying
- · High quality and timeliness of the information provided via Moodle and teaching staff
- Some students valued the added privacy for small group discussion of the online environment

The Most Challenging Elements of the Class Were:

- Reconnecting to knowledge regarding 'Use of Self' and other materials from Year 1 courses
- The loss of informal catch up with peers & teachers that is more easily available On-campus
- The lack of non-verbal cues and other interpersonal differences relating to the online environment

We have responded to this feedback by:

- · Incorporating a seminar on the 'Use of Self'
- Starting the Course with an Intensive on-campus day
- Encouraging students to arrive to online classes early for informal peer catch-up
- Introducing a structure and process for Peer Consultation

Submission of Assessment Tasks

Turnitin Submission

If you encounter a problem when attempting to submit your assignment through Turnitin, please telephone External Support on 9385 3331 or email them on externalteltsupport@unsw.edu.au . Support hours are 8:00am – 10:00pm on weekdays and 9:00am – 5:00pm on weekends (365 days a year). If you are unable to submit your assignment due to a fault with Turnitin you may apply for an extension, but you must retain your ticket number from External Support (along with any other relevant documents) to include as evidence to support your extension application. If you email External Support you will automatically receive a ticket number, but if you telephone you will need to specifically ask for one. Turnitin also provides updates on their system status on Twitter.

Generally, assessment tasks must be submitted electronically via either Turnitin or a Moodle assignment. In instances where this is not possible, it will be stated on your course's Moodle site with alternative submission details.

For information on how to submit assignments online via Moodle: https://student.unsw.edu.au/how-submit-assignment-moodle

Academic Honesty and Plagiarism

Plagiarism is using the words or ideas of others and presenting them as your own. It can take many forms, from deliberate cheating to accidentally copying from a source without acknowledgement.

UNSW groups plagiarism into the following categories:

Copying: Using the same or very similar words to the original text or idea without acknowledging the source or using quotation marks. This includes copying materials, ideas or concepts from a book, article, report or other written document, presentation, composition, artwork, design, drawing, circuitry, computer program or software, website, internet, other electronic resource, or another person's assignment without appropriate acknowledgement.

Inappropriate paraphrasing: Changing a few words and phrases while mostly retaining the original information, structure and/or progression of ideas of the original without acknowledgement. This also applies in presentations where someone paraphrases another's ideas or words without credit and to piecing together quotes and paraphrases into a new whole, without appropriate referencing.

Collusion: Working with others but passing off the work as a person's individual work. Collusion also includes providing your work to another student for the purpose of them plagiarising, paying another person to perform an academic task, stealing or acquiring another person's academic work and copying it, offering to complete another person's work or seeking payment for completing academic work.

Inappropriate citation: Citing sources which have not been read, without acknowledging the "secondary" source from which knowledge of them has been obtained.

Duplication ("self-plagiarism"): Submitting your own work, in whole or in part, where it has previously been prepared or submitted for another assessment or course at UNSW or another university.

Correct referencing practices

The <u>UNSW Academic Skills support</u> offers resources and individual consultations. Students are also reminded that careful time management is an important part of study. One of the identified causes of plagiarism is poor time management. Students should allow sufficient time for research, drafting and proper referencing of sources in preparing all assessment items.

UNSW Library has <u>the ELISE tool</u> available to assist you with your study at UNSW. ELISE is designed to introduce new students to studying at UNSW but it can also be a great refresher during your study. Completing the ELISE tutorial and quiz will enable you to:

- analyse topics, plan responses and organise research for academic writing and other assessment tasks
- effectively and efficiently find appropriate information sources and evaluate relevance to your needs
- use and manage information effectively to accomplish a specific purpose
- better manage your time
- understand your rights and responsibilities as a student at UNSW
- be aware of plagiarism, copyright, UNSW Student Code of Conduct and Acceptable Use of UNSW ICT Resources Policy
- be aware of the standards of behaviour expected of everyone in the UNSW community
- locate services and information about UNSW and UNSW Library

Academic Information

Due to evolving advice by NSW Health, students must check for updated information regarding online learning for all Arts, Design and Architecture courses this term (via Moodle or course information provided.)

For essential student information relating to:

- requests for extension;
- late submissions guidelines;
- review of marks;
- UNSW Health and Safety policies;
- examination procedures;
- special consideration in the event of illness or misadventure;
- student equity and disability;
- and other essential academic information, see

https://www.unsw.edu.au/arts-design-architecture/student-life/resources-support/protocols-guidelines

Image Credit

Photo by Markus Spiske on Unsplash

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